

STARTERS

SOUP OF THE DAY | 5.50

Guinness Wheaten Bread

MUSSELS | 7.95

Leeks, Garlic, Cream, Fresh Crusty Bread [gf]

COCONUT + CORNFLAKE PRAWNS | 7.95

Napa Slaw, Mango, Chilli Salsa | 7.95

SALT + CHILLI SQUID | 7.95

Napa Slaw, Wasabi Mayo [gf]

PIRI-PIRI PRAWN PEPERONATA | 7.95

Toasted Focaccia

BUFFALO CHICKEN WINGS | 6.50

Blue Cheese Sauce [gf]

TOMATO, ROAST PEPPER + BASIL BRUSCHETTA | 6.95

Wild Rocket, Parmesan, Aged Balsamic [ve] [vg]

GARLIC BREAD | 4.95

Add Cheese £1.00

SALADS

CAJUN CHICKEN | 12.50

Toasted Couscous, Cherry Tomato,
Cucumber, Red Pepper Salsa

SUPERFOOD | 11.50

Quinoa, Asparagus, Broccoli, Spinach,
Rocket, Feta, Pomegranate [ve] [vg] [gf]

CAESAR | 12.50

Grilled Chicken + Smoked Bacon,
Baby Gem, Aged Parmesan [gf]

KING PRAWN + CRAB CAKE AVOCADO | 13.50

Baby Gem, Lemon, Dill Aioli

FISH

ROAST FILLET OF HAKE | 16.50

Gnocchi, Clams, Air Dried Tomato,
Samphire, Lemon Butter Emulsion

SEABASS FILLET | 17.50

Spring Onion and Crab Croquettes,
Poached Fennel, Asparagus Spears,
Wild Herb Velouté

ALE BATTERED HADDOCK | 13.50

Homemade Chunky Chips, Tartar Sauce,
Mushy Peas, Lemon

ROASTED FILLET OF SALMON + KING PRAWN | 14.95

Warm Salad of Baby Potato, Spinach,
Asparagus, Sun-Dried Tomato,
Aged Parmesan, Lemon Oil Dressing

SEAFOOD CHOWDER | 12.95

Warm Bread [gf]

PASTA

SEAFOOD LINGUINE | 14.50

Crab Meat, King Prawn, Tomato,
Chilli Butter, Gremolata

PENNE WINDROSE | 11.95

Sun-Dried Tomato, Sugar Snaps,
Basil, Pesto, Pine Nuts, Wild Rocket,
Goats Cheese [vg]

LUNCH

SERVED 12-5

CHICKEN OR PRAWN OPEN SANDWICH | 10.95

House Wheaten Bread, Couscous,
Salad, Coleslaw

TACO TRIO | 12.95

BBQ Pulled Pork, Slow Braised Brisket +
Spicy Mixed Bean, served with Taco Mayo,
Apple, Celeriac Slaw

All our Steaks are 21 Dry Aged. Please order
your chosen choice of side and sauce.

10OZ FILLET | 21.95

12OZ SIRLOIN | 18.95

12OZ RIB-EYE | 18.95

STEAKS

BURGERS

All Burgers served on Brioche Bun
with Tomato, Lettuce + Chips

CAJUN CHICKEN | 12.95

Smoked Bacon, Cheddar, Jalapeño
Relish, Crispy Onions

WINDROSE WORKS BURGER | 13.50

8oz Chargrilled Burger, Onion Chutney,
Onion Ring, Cheese, Bacon

WINDROSE BARBECUE RIBS | 14.95

House Slaw, French Fries, Corn On The Cob
(Half Rack 11.95)

SIZZLING CHICKEN FAJITAS | 12.95

Salsa, Guacamole, Sour Cream, Cheese,
Skinny Fries [gf]

CHICKEN STACK | 13.95

Tobacco Onions, Peppercorn Sauce, Champ [gf]

SLOW BRAISED BELLY OF PORK | 14.95

Squash Fondant, Spinach, Burnt Carrot
Puree, Black Pudding Fritter, Apple
Cider Reduction [gf]

THAI GREEN CURRY | 12.95

Summer Greens, Sweet Potato, Cashew,
Sticky Coconut Rice [ve] [vg] [gf]

HOUSE SPECIALS

EXTRAS SIDES 4.00 | SAUCES 1.95

Tuscan, Tapenade, Parmesan Fries

Chilli + Sour Cream Fries

Sweet Potato Fries

French Fries

Plain or Garlic Chunky Chips

Onion Rings

House Coleslaw

House Salad

Seasonal Vegetables

Gravy

Garlic Butter

Peppercorn Sauce

Sweet Chilli Sauce

Mayo or Garlic Mayo

THE WINDROSE

BAR & BISTRO

[ve] vegan [vg] vegetarian [gf] gluten free