

BAR & KITCHEN

SPIDER & FLY

NO 1 SCOTLAND ROAD, STANWIX, CARLISLE

SUNDAY ROASTS



TO START

POPCORN CHICKEN

with spider hot sauce

FRIED HALLOUMI (V)

with spider dip

GARLIC FLATBREAD (V)

with mozzarella

NACHOS (V)

with melted cheese, sour cream, salsa & guacamole

CHOOSE YOUR ROAST

SIRLOIN OF BEEF (GFO)

slow roasted sirloin of beef served pink £12.95

LAMB RUMP (GFO)

sous vide lamb rump served pink £12.95

CHICKEN (GFO)

roast chicken breast £12.95

VEGGIE ROAST (V)(GFO)

roast squash £12.95

all served with roast & mash potatoes, seasonal vegetables,
vegetable puree, cauliflower cheese, yorkshire pudding & gravy

DESSERTS

STICKY TOFFEE PUDDING (V)(GFO)

with STP ice cream & butterscotch sauce

PINEAPPLE BRULEE (V)(GFO)

with tarragon shortbread

NUTELLA WAFFLE (V)

with chocolate crumble & chocolate ice cream

(V): vegetarian dishes

(GFO): gluten free options available

(VGO): vegan options available

AVAILABLE 12-9 SUNDAYS

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