FISH CHIP

4th Edition Menu

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19-21 ST NICHOLAS PLACE, LEICESTER. LE1 4LD

#MORETHANJUSTYOURAVERAGECHIPPY

IN CASE YOU ARE CURIOUS...

OUR BREAD IS BAKED BY MILNERS BAKERY, LEICS

WE MAKE EVERYTHING ELSE LOVINGLY FROM SCRATCH!

LUNCH

CHOOSE A LUNCH MAIN & SIDE 26.95

LUNCH VEGAN MEAL DEAL 25.95 CHOOSE A VEGAN LUNCH MAIN & SIDE

AVAILABLE FROM 12PM - 5PM

PICK A LUNCH MAIN...

CLASSIC FISH (GF)

Lemon zest & parsley battered haddock served with mushy peas

SOUID BURGER (GF BUN AVAILABLE)

Salt & pepper squid in a seeded burger bun with kimchi mayo, tomato and onion

GRILLED JERK FISH (GF)

Chargrilled jerk marinated haddock served with mushy peas

OUR SIGNATURE VEGAN FISH (VE) (GF)

Wasabi & sesame seed battered vegan fish served with mushy peas

VEGAN SOUID BURGER (VE) (GF BUN AVAILABLE)

Salt & pepper vegan squid in a seeded bun, kimchi mayo, tomato and onion

COCONUT CRUSTED VEGAN FISH (VE) (GF)

Panko and coconut crusted vegan fish served with mushy peas

PICK A SIDE...

CHUNKY SKIN ON CHIPS / SKINNY SKIN ON FRIES /
COCONUT, CORIANDER & LIME RICE / HOUSE SALAD /
SPICED CORN ON THE COB

ADD A DRINK £2.00

CLASSIC HOMEMADE LEMONADE
RASPBERRY & ELDERFLOWER LEMONADE
STILL / SPARKLING WATER
ENGLISH BREAKFAST TEA

STARTERS

FISH CROQUETTES (GF)

£5,45

£4.95

Lemongrass and coconut salt cod croquettes with lemon aioli

POTTED SMOKED SALMON (GF AVAILABLE) £5.75

Smoked salmon, creme fraiche and dill served with toasted bloomer slices

FRUIT SKEWERS (GF) (VE)

Grilled miso and yuzu marinated pineapple, tomato, mango and grapefruit segment skewers

ADD SALMON FOR £2.00

SALT & PEPPER SQUID (GF)

Salt & pepper squid with toasted flaked almonds, garlic and parsley topped with sriracha mayo

CHILLI PRAWN NACHOS (GF) £6.45

Garlic & chilli prawn com nachos with a black bean salsa, spiced charred sweetcom, smashed avocado, red leicester cheese and pickled chillis

MEDITERRANEAN FRITTERS (GF) (V) \$4.75

Organic cheddar, sun dried tomato, olives and pine-nut fritters with beetroot ketchup

ROASTED VEG & HALLOUMI SKEWERS (GF) (V) £4.95

Harissa marinated roasted vegetable and halloumi skewers with tzatiki and a pomegranate salad

BATTERED HALLOUMI FRIES (GF) (V) \$5.95

Halloumi fries with pineapple salsa and jerk sauce

PEA & MINT GAZPACHO (GF AVAILABLE) (VE) \$4.45

Fresh pea, mint and cucumber gazpacho served with toasted garlic bloomer slices

BATTERED SALT RUBBED CASSAVA FRIES (GF) (VE) \$4.99

Salt rubbed cassava fries with pineapple salsa and jerk sauce

VEGAN SALT & PEPPER SQUID (GF) (VE) £4.75

Salt & pepper vegan squid with toasted flaked almonds, garlic and parsley topped with sriracha mayo

PICK ANY 3 FOR £13 OR 4 FOR £17

Offer Available from 12pm - 5pm £1 Supplement for Nachos & Salmon Fruit Skewers

MAINS

THE WHOLE MENU IS AVAILABLE TO TAKEAWAY OR VIA DELIVEROO / OWL GET IT

ALL OUR BATTERS ARE GLUTEN FREE!!

FISH & CHIPS

OUR FISH IS SUSTAINABLY CAUGHT AND MSC APPROVED

Due to seasonality and availability we may use cod instead of haddock.

Veg & vegan dishes are cooked and prepared separately to fish.

UPGRADE TO OUR LOADED VEG FRIES FOR AN EXTRA £2.00

CLASSIC FISH & CHIPS (GF) £8.95

Haddock fillet, gluten free lemon zest & parsley batter with chunky chips or skinny fries, mushy peas and tartar sauce **Available grilled with NO batter**

JERK FISH & CHIPS (GF) £10.45

Jerk marinated haddock fillet, gluten free jerk batter with chunky chips or skinny fries, mushy peas and lemon aioli Available grilled with NO batter

HOLIDAY FISH & CHIPS (GF) £10.45

Mediterranean style olive, lemon & garlic marinated haddock fillet, gluten free lemon zest and parsley batter with chunky chips or skinny fries, mushy peas and lemon aioli

Available grilled with NO batter

VEGAN FISH & CHIPS (GF) (VE) £7.95

Wasabi and sesame seed battered vegan fish and chips served with mushy peas and tartar sauce

SOMETHING DIFFERENT

ADD LOADED FRIES OR ANY TWO SIDES FOR £4.00

KOREAN FISH BURGER (GF BUN AVAILABLE)

\$8.95

£8.45

£7.95

Seeded bun, battered haddock with kimchi, gochujang sauce, spinach, spring onions, tomato and fresh chillis

Spice it up or Cool it down? You Decide..

FISH FINGER HOT DOG

Seeded hot dog roll with a breaded panko haddock fillet, tartar sauce, mushy peas and beetroot ketchup

KOREAN VEGAN FISH BURGER (GF BUN AVAILABLE) (VE)

Battered vegan fish with kimchi, gochujang sauce, spinach, spring onions, tomato and fresh chillis **Spice it up or Cool it down? You Decide..**

HALLOUMI FRIES BURGER

£8.95

(GF BUN AVAILABLE) (V)

£7.95

Seeded bun dressed with pineapple salsa, red onions and lightly battered halloumi fries with a jerk sauce

GOODNESS BOWLS

SUPER HEALTHY, CLEAN & FULL OF FLAVOUR

THE JERK (GF)(VE)

£7.50

£2.00

Spiced charred sweetcorn, pineapple and pepper salsa, coconut, coriander & lime rice and jerk sauce

ADD one or more toppings from the options below...

Grilled halloumi (**GF**) (**V**) £3.00

Coconut crusted vegan fish (**GF**) (**VE**)

Jerk marinated haddock (**GF**) £3.00

Grilled chilli & garlic prawns (GF) £3.00

THE ASIAN (GF)(VE)

Radish, ginger & cabbage slaw, kimchi, coconut wholegrain rice, spinach, spring onions, gochujang sauce, sriracha tomatoes, chillis, sesame seeds, apples and carrots

ADD one or more toppings from the options below...

Coconut crusted vegan fish (GF) (VE)

Grilled miso and yuzu marinated pineapple, tomato, mango and grapefruit segment skewers (**GF**) (**VE**)

Grilled chilli & garlic prawns (**GF**) £3.00

THE JAPANESE (GF) (VE) £7.50

Crispy kale seaweed, radish and onion slaw, spring onions, sesame seeds and coconut wholegrain rice

ADD one or more toppings from the options below...

Teriyaki aubergine (**GF**) (**VE**) £1.50

Grilled miso and yuzu marinated £3.00 pineapple, tomato, mango and grapefruit segment skewers (**GF**) (**VE**)

Teriyaki salmon (**GF**) £4.00

SIDES

LOADED FRIES (GF) (VE)

Skinny fries topped with spring onions, sweetcorn, olives, cher tomatoes, pickled chillis, almond parm cheese and sriracha m	
SKINNY OR CHUNKY SKIN ON CHIPS (GF) (VE)	£2.5
PILI PILI CHIPS (GF) (VE) Skinny fries with lemon, chilli powder and chilli flakes	£3.0
CRISPY KALE SEAWEED WITH SESAME SEEDS (GF) (VE) $$	£2.5
SPICED CORN ON THE COB (GF) (VE)	£2.7

MISO & GINGER SLAW (GF) (VE)

COCONUT, CORIANDER & LIME
WHOLEGRAIN RICE (GF) (VE)

PINEAPPLE SALSA (GF) (VE)

£2.50

HOUSE SALAD (GF) (VE)

£2.50

MUSHY PEAS (GF) (VE)

£2.50

GRILLED CHILLI & GARLIC PRAWNS (GF)

£3.50

SAUCES

BREAD & SEAWEED BUTTER (V)

£1.50 EACH OR 2 FOR £2.00

£2.00

£4.25

TARTAR SAUCE (GF) (VE) BEETROOT KETCHUP (GF) (VE)

CURRY SAUCE (GF) (VE)

GOUCHUJANG SAUCE (GF) (VE)

SRIRACHA MAYO (GF) (VE)

RADISH & SPRING ONION MAYO (GF) (VE) LEMON AIOLI (GF) (VE)

DESSERTS

HOMEMADE ICE CREAMS COCONUT BASED VEGAN ICE CREAM

30Z TUB £2.95 (ONE SCOOP)

COCONUT, PEACH & RASPBERRY (GF) (VE)
MINT CHOC AVOCADO (GF) (VE)
STRAWBERRY & BANANA (GF) (VE)
COOKIES & CREAM (VE)

ADD LOADED FRIES OR ANY TWO SIDES FOR £4.00



STARTERS

Battered salt rubbed cassava fries with pineapple salsa and jerk sauce
(GF)......4.95

Harissa & preserved lemon marinated roasted vegetable skewers with an almond tzatiki and mint dressing (GF)......4.75

MAINS

Add P L A N T & B E A N loaded fries or any TWO sides for 4.00 with any main meal

8.95

Inspired by our travels and the ever-evolving world food scene, the Plant & Bean concept was born out of a love for great food, great flavours and the desire to take vegan food to a whole new level.

We stick to what we do well –
healthy, fresh, feel good food
alongside an innovative drinks list to
match. Our food energises the
palette and is always wholesome,
seriously tasty and full of goodness!

We make everything from scratch, use only plant based ingredients and never cut corners on quality.

Every dish and cocktail contains a story or a little twist, a tiny part of our journey and a lot of added love.

THE GREEN GODDESS BURGER.....

Pea and butter bean patty with spinach, cucumber, onions, gherkins, cheddar and a chilli, parsley and mint mayo dressing in a seeded bun (GF bun available)

THE MIDDLE EASTERN FLATBREAD......7.7

Spiced roasted aubergine, peppers and mushrooms with ras el hanout chickpeas served on a flatbread with red pepper hummus & pomegranate salad

THE SICILIAN SUB......7.95

Aubergine, olive and mushroom vegan balls topped with marinara sauce, basil pesto, toasted pine nuts and almond parm cheese in a sub roll

THE SAN DIEGO BURGER.....8.95

Cayenne spiced black bean, quinoa and habenero patty with guacamole, charred chilli sweetcorn, onions and a deep fried jalapeno in a seeded bun (GF bun available)

THE ASIAN HOT VOG......7.50

Grilled seasoned homemade sausage with kimchi, gochujang sauce and spring onions served with a ginger and miso slaw

GOODNESS BOWLS

Add P L A N T & B E A N loaded fries or any TWO sides for 4.00 with any goodness bowl

THE NORTH AFRICAN BOWL.....7.95

Seasoned roasted vegetables, carrots, olives and spinach on a bed of lemon cous cous, with red pepper hummus, curried chickpeas, flaked almonds and raisins with an almond tzatiki and mint dressing

THE MEDITERRANEAN BOWL.....7.95

Aubergine, olive and mushroom vegan balls, roasted mushrooms, mixed leaves, cherry tomatoes, sun dried tomatoes, olives, almond parm cheese, toasted pine nuts, basil pesto and garlic bread (GF option available)

THE ASIAN BOWL.....

Miso cabbage, radish, ginger, kimchi, cherry tomatoes, spinach, carrots, apples and spring onions on a bed of coconut rice topped with fiery gochujang sauce, pickled chillis, sriracha mayo and sesame seeds (GF)

SIDES

Loaded P L A N T & B E A N skir fries (GF)	
Skinny or chunky skin on chips (GF)	2.50
Parm cheese and truffle oil skir chips	
(GF)	2.95
Spiced corn on the cob with alm parm cheese	nond
(GF)	2.75
Miso and ginger slaw (GF)	2.50
Zaatar rubbed flat bread with roasted red pepper hummus	2.75
House salad (GF)	2.50
Coconut, coriander and lime wholegrain rice (GF)	250

SAUCES

1.50 each or TWO for 2.00

Almond tzatiki (GF)
Gochujang sauce (GF)
Lemon aioli (GF)
Beetroot ketchup (GF)
Jerk sauce (GF)
Sriracha mayo (GF)
Parsley, mint and green chilli mayo (GF)

DESSERTS

Raw double chocolate, almond and raspberry cheesecake (GF)	
Homemade ice creams3oz (one scoop) Choose from:-	2.95
Coconut, peach & raspberry (GF) (V	E)

Coconut, peach & raspberry (GF) (VE) Mint choc avocado (GF) (VE) Strawberry & banana (GF) (VE) Cookies & cream (VE)

COCKTAILS

WHITE

RED

BOTTLE / 175ML

HAPPY HOUR 2 FOR £10

2 for £,10 on selected drinks (marked*) Available all day Sunday - Friday & Saturday 12pm - 5pm & 9pm until close (must be the same cocktail served at the same time)

MARQUES DE CALADO MACABEO, SPAIN (VE) £17.00 / £4.50

A bright, youthful wine packed full of ripe lemon, honeyed grapefruit, with a dry and mouth-watering finish.

MALANDRINO PINOT GRIGIO, ITALY (VE) £20.00 / £5.50

This is a clean and elegant wine with real finesse. Showing balanced flavours of pear, stone fruit and lime

OLTRE PASSO FALANGHINA, ITALY (VE) \$22.00 / \$6.00

Displaying a touch of peach and apricot. Bright and refreshing, with a rounded lemon zest character on the palate.

AIRES ANDINOS SAUVIGNON BLANC. £25.00 / £6.75 ARGENTINA (VE)

A snappy and dry Sauvignon Blanc where elderflower, lime and grass notes meet striking pink grapefruit flavours

PICPOUL DE PINET PLO. D'ISABELLE. S. FRANCE (VE) £25.00

A snappy nose of lemon and lime fruit, with vibrant green apple. A racy wine with a lip-tingling finish.

REUILLY. HENRI BEURDIN. LOIRE, FRANCE (V)

Bone-dry citrus and fresh herbal fruit, gooseberry and cut grass on the expressive and fruity palate, and a fresh finish.

MARQUES DE CALADO TEMPRANILLO, SPAIN £17.00 / £4.50

Ripe dark cherry and soft raspberry are complemented by cinnamon and clove spice in this medium bodied wine.

TORRE CERERE MONTEPULCIANO D'ABRUZZO, ITALY (VE)

This is a soft, fruity and approachable red. Notes of red cherry and blackcurrant gives this wine a rustic feel

AIRES ANDINOS MALBEC, ARGENTINA (VE) \$23.00 / \$6.25

Black fruits of the forest and mocha notes leap from the glass in this soft and supple expression of Malbec.

CLARO RESERVA PINOT NOIR, CHILE (VE) £26.00 / £7.00

Smoky red fruit dominates, supported by subtle notes of liquorice and herbs. A delicate, yet complex style of wine.

OLTRE PASSO PRIMITIVO, ITALY (VE)

Flavours of dried prune, date and plump cherry, with swathes of sweet spice. A mouth coating, chocolatey red wine.

choose from passion fruit, mango, peach, strawberry or raspberry

Nutella, baileys and vodka with a hazelnut & nutella rim

PASSIONFRUIT MOJITO *

White rum, brown sugar, passionfruit puree, lime, soda water and mint

ORANGE & GINGER MULE *

Kings ginger, vodka, mint, fresh ginger, orange & ginger beer top

KEY LIME PIE

White rum, lime, sugar, scorched Italian meringue & lime zest

CANDY FLOSS DAIQUIRI *

White rum, lime, luxardo and candy floss

DEVILS MARGARITA *

Ghost chilli infused tequila, fresh lime, agave and a chilli salt rim. Spicy!

ISLAND TING *

Muddled ginger, grapefruit segments and agave, golden rum, lime, mango puree, grapefruit juice and soda

APRICOT JAM WHISKEY SOUR

Buffalo Trace Bourbon, Apricot jam, lemon juice, aquafaba, angostura bitters & grapefruit

OLD TOWN IBIZA SPRITZ

Vanilla infused aperol, lime, grapefruit, coconut water and prosecco

PINK GIN DAIQUIRI *

£28.00

£25.00 / £5.00

Pink gin, strawberries, raspberries, agave, lemon, bitters

ALL £6.95

ROSE

£29.00

SPARKLING BOTTLE / 125ML

VEUVE CLICOUOT NV CHAMPAGNE (VE)

£55.00 A marriage of freshness and power; with a richness of fruit

PROSECCO CORTE ALTA, ITALY (VE)

Delicate and aromatic with fine bubbles. This wine carries lots of fresh peach, pear and an elegant zest.

MANGO & GINGER BEER COOLER £3.00 Mango, ginger, lime, ginger beer, sugar and mint STRAWBERRY & BLACK PEPPER MULE £3.00

Strawberry, lime juice, sugar, soda water and black pepper £3.00 PASSIONFRUIT VIRGIN MOJITO Passionfruit, lime, soda water, sugar and mint

LONDON ICED TEA £3.50 Earl grey, agave, lemon and bitter lemon

£3.50

Fresh ginger, agave, mango, grapefruit & soda

MUDDLED TING

BEERS & **CIDERS**

FREEDOM 4	£2.25 HALF / £4.50 PINT
FREEDOM 4 PALE ALE	£2.25 HALF / £4.50 PINT
PERONI 330ML	£3.90
GLUTEN FREE PERONI 330ML	£3.90
MORETTI 330ML	£3.90
EINSTOK PORTER 330ML	£4.20
EINSTOK WHITE ALE 330ML	£4.20
PROPER JOB IPA 500ML	£4.90
OLD MOUNT MIXED BERRY CIDER 5	00ML £4.90
WYLD WOOD CIDER 500ML	£4.90

SOFT DRINKS

THE FIGURE THE OHID FRUIT TWICTS

THE FISH & THE CHIP FRUIT TWISTS	£3.00
Passion, Mango & Orange / Apple & Mango / Strawberry, Mint & Cranberry	
HOMEMADE LEMONADES The Classic / Elderflower & Raspberry / Pink Lemo	£2.00 nade
KARMA COLA #DRINKNOEVIL	£2.50
LEMONY LEMONADE	£2.50
GINGERELLA	£2.50
BOTTLE OF COKE / DIET	£2.50
FRUIT JUICES	£2.50
STILL / SPARKLING WATER, SML / LRG $$2.50$ /	£3.50

MOCKTAILS HOT DRINKS

AMERICANO	
ESPRESSO	£2.10
LATTE	£2.60
CAPPUCINO	£2.60
FLAT WHITE	
TEA	£2.40
Earl Grey / English Breakfast / Fresh Mint Tea / Green Tea / Red Berry	
Green Tea / Red Derry	

JRINKS SINKS

BLUSHMORE ZINFANDEL ROSÉ, USA (VE) £19.00 / £5.00

A fantastic example of an off-dry, easy drinking wine full of summer fruit flavours with a hint of sweetness.

PINOT GRIGIO ROSÉ LE COLLINE DI SAN GIORGIO. £21.00 / £5.75

Fresh apricot and peach on the nose; soft floral flavours on the palate and a refreshing,

and mouthfilling mousse that lingers delightfully