



## EVENINGS AT JILLS

### BRITISH STARTERS

**CREAMY GARLIC MUSHROOMS** £5.25  
on warm cut toast (vegan)

**BACON AND BLUE CHEESE SALAD** £4.95  
with classic French Dressing

**HOMEMADE SOUP OF THE DAY** £4.95  
with crusty fresh bread and welsh butter

**SPECIALTY BREAD** £4.95  
Humus Olives, olive oil balsamic syrup

### JAMAICAN STARTERS

**SALT FISH FRITTERS** £5.95  
A mixture of salted cod, peppers, onions + spices in a crispy batter. Served on a bed of green leaves with mint, mango and chilli coulis

**ACKEE AND SALT FISH** £5.95  
**GF** WITHOUT THE DUMPLINGS  
Jamaica's National dish (rated #2 worldwide National Geographic 2016) which is the Ackee fruit sautéed with salted cod, combined with spices. Served with fried dumpling and fried plantain

**ACKEE AND MUSHROOMS** £5.95  
**VEGAN + GF** WITHOUT THE DUMPLINGS  
A vegetarian twist to Jamaica's national dish combined with spices. Served with fried dumpling and fried plantain

**JILL'S REGGAE BEEF** £5.95  
Caribbean spiced minced beef served on a bed of lettuce leaves, A Jill's Favourite

### JAMAICAN STARTERS cont..

**JAMAICAN PATTIES** £3.95  
A choice of either beef, vegetable or chicken served with slaw and salad

**JERK BABY RIBS** £5.95  
Meaty jerk pork ribs which fall off the bone and explode with flavour! with salad

### FUSION BURGERS

**JILL'S REGGAE BURGER** £10.95  
8oz Jerked Beef Burger jerk spices with cheese and pineapple, filled with salad + jerk mayo served with chips

**DUNNS RIVER BURGER** £10.95  
8oz Beef Burger with Bacon and Mozzarella cheese, salad and onion rings served with chips

**KINGSTON CHICKEN BURGER** £10.95  
Chicken burger with Bacon and Mozzarella served with salad and chunky chips

**VEGETARIAN + VEGAN BURGER** £10.95  
Both options available

### VEGETARIAN DISHES

(ALL VEGAN AND GLUTEN FREE)

**ACKEE AND MUSHROOMS** £11.95  
A vegetarian twist to Jamaica's National dish combined with spices. Served with fried dumpling, fried plantain, mixed salad, rice and peas, or basmati rice

**CALLALOO AND MUSHROOMS** £11.95  
Jamaica's alternative to spinach (without the bitter aftertaste) sautéed in our own aromatic spices with fried plantain, mixed salad, rice and peas, or basmati rice

**FIVE BEAN CURRY** £10.95  
Combination five beans including kidney bean, black-eyed bean, butter beans cooked in Jamaican curry spices, coconut cream and served with rice and peas, fried ripe plantain and house salad

## BRITISH MAINS

**RIB EYE STEAK** £16.95  
An 8oz rib eye steak cooked to your personal idea of perfection. Served with your choice of pepper sauce or blue cheese sauce and chips.

**RUMP STEAK** £14.95  
An 8oz rump steak cooked to your personal idea of perfection. Served with your choice of pepper sauce or blue cheese sauce and chips

**RICH BEEF LASAGNE** £10.95  
A generous portion served with side salad and a choice of either garlic bread or fries

## JILL'S MAINS

**JAMAICAN JILL'S OWN JERK CHICKEN GF** £10.95  
Succulent marinated Chicken leg and thigh or breast and wing on the bone. Cooked with our special jerk spices. With mixed salad, a fried ripe plantain, jerk sauce, served with rice and peas

**ACKEE AND SALT FISH** £11.95  
**GF** WITHOUT THE DUMPLING  
Served with a fried plantain, a fried dumpling, mixed salad, rice and peas, or basmati rice

**JILL'S CURRIED CHICKEN GF** £10.95  
Served off the bone at with fried ripe plantain, mixed salad, rice and peas, or basmati rice Jamaican

**JERK BBQ BABY RIBS GF** £14.95  
Half rack of jerk pork ribs which fall off the bone and explodes with flavour. Served with salad and chunky chips or you may choose sweet potato fries at an extra cost

**JFC!-JILL'S FRIED CHICKEN BITES** £10.95  
Chicken breast bites covered in Jamaican frying batter served with sweet chilli sauce, spicy slaw and chunky chips

**JILL'S FAMOUS CURRIED GOAT GF** £14.95  
Slow cooked BONELESS goat marinated in our special spices melting in the mouth and full of flavour. Served with rice and peas, a fried ripe plantain and house salad

### JILL'S MAINS CONTINUED....

**JILL'S REGGAE BEEF GF** £11.95  
Caribbean spiced minced beef marinated in our special spices and full of flavour. Served with rice and peas, a fried ripe plantain and house salad A Jill's Favourite

## FISH

**CALLALOO FISH (NEW) GF** £13.95  
Whole bream filled with callaloo mixed spice and garlic slow cooked and served with Rice and peas

## SIDES

**SALT FISH FRITTERS** £3.95

**SCALLOPS** £3.95

**RICE AND PEAS** £2.95

**FRIED PLANTAIN** £2.95

**FRIED DUMPLINGS** £2.95

**SWEET POTATO FRIES** £2.95

**SPICY SLAW** £1.75

## DELICIOUS DESSERTS

**HOMEMADE ICE CREAMS** £4.95  
Rum and Raisin, Rum and Coconut or Peanut

**OTHER ICE CREAMS** £3.95  
Chocolate, Vanilla or Coconut

**CRUMBLES** served with Custard or Cream £4.25  
Apple & Blackberry, Rhubarb or Apple

**MANGO & COCONUT CHEESECAKE** £4.25

**CAKES** £4.95  
Gluten Free Chocolate Fudge Cake, Banana Cake, Chocolate Fudge Cake, Gluten Free Carrot Cake, Mango & Passion Fruit Sponge Cake

SOME OF THE DISHES CONTAIN BONES, SHELLFISH, NUTS, SESAME SEEDS, EGGS, MILK, SOYA, CELERY, CELERIAC, MUSTARD, SULPHUR DIOXIDE AND SULPHITES. **IF YOU WOULD LIKE ANY MORE INFORMATION PLEASE ASK YOUR SERVER.**

**GF:** GLUTEN FREE



# TAKE AWAY MENU

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