



# HOPE & ANCHOR

**SPECIAL HEARTS DAY MENU**  
**3 COURSES £19.95 PP\***  
**4 COURSES £23.95 PP**

## APPETIZER

bread selection with olives & oils (gfo)

## TO START

calamari & aioli  
chicken liver pate (gfo)  
3 bean & quinoa salad (vg)  
camembert to share (gfo)  
antipasti for 2 (gfo)

## THE MAIN EVENT

primavera, mixed vegetable & parmesan pasta, with garlic  
ciabatta (v)  
tofish & chips with mushy peas & vegan tartar sauce (vg)  
pan fried seabass, crushed new potatoes & ratatouille (gf)  
chicken wrapped in parma ham, spinach mash & blue cheese sauce  
(gf)  
7oz fillet steak with peppercorn sauce, rustic chips, vine  
tomatoes, mushroom & onion rings (gfo) (£3 supplement)

## DESSERT

eton mess (gf)  
raspberri semi frode (gf)  
chocolate brownie (gf)  
cheese board (for 1 or 2)

(gf) gluten free, (gfo) gluten free option, (v) vegetarian, (vg) vegan, \* choose starter or  
dessert for 3 course option