

## STARTERS

### SOUP OF THE DAY

homemade focaccia bread (v) / 5.75

### PAN FRIED SCALLOPS

pea puree & roasted black pudding / 11.95 / 21.95

### PRAWN COCKTAIL

marie-rose sauce, baby gem & buttered granary bread (gf-df) / 7.95

### SEARED TUNA TATAKI

pickled vegetables, chilli dressing & miso mayo (gf-df) / 8.50

### SOY & BEETROOT SALMON

pickled golden & red beetroots (gf-df) / 7.95

### PAN FRIED SESAME PRAWNS

sriracha, avocado salsa, lemongrass & coriander dressing (gf-df) / 8.75

### CALAMARI FRITTI

spicy coated deep fried squid & saffron aioli dip (gf-df) / 7.95

### BEEF SALAD

soft boiled eggs, grilled vegetables and ginger & soya dressing / 7.25

### GRILLED LAMB CUTLETS

land cress purée & red wine jus (gf-df) / 7.95 / 15.25

### POTTED BEEF

piccalilli & flat granary seed bread (gf) / 8.50

### RED LION SALAD

winter leaves, pears, dried cranberries, blue cheese, walnuts (v-gf-df) / 7.95

### THREE CHEESES BRUSCHETTA

goats cheese, cream cheese, parmesan, tomatoes & basil (v-gf) / 6.95

## TO SHARE

### CHARCUTERIE BOARD

selection of cured meat, mozzarella, olives & homemade focaccia (gf-df) / 16.50

### VEGGIE PLATTER

mixed grilled vegetables, mozzarella, olives & homemade focaccia (gf-df) / 14.50

### FISH ANTIPASTI

daily seafood selection (gf-df) / 18.50

### BREADS & DIPS

daily selection of rustic breads, beetroot humus & chimichurri (v-df-gf) / 8.95



## MAINS

### SEABASS & SCALLOPS

celeriac purée & wild mushrooms (gf-df) / 21.95

### LINGUINE VONGOLE

clams, white wine sauce & fresh chilli (gf-df) / 14.95

### HADDOCK KEDGEREE

oven baked haddock, rice, peas & poached egg (gf-df) / 16.95

### FISH PIE

salmon, white fish, smoked haddock, béchamel & buttered broccoli / 14.95

### FISH & CHIPS

ale battered haddock, hand cut chips, mushy peas & tartare sauce (df) / 14.25

### CHICKEN SUPREME

veggie salsa & potato patty (gf-df) / 13.25

### RED LION PIE

mixed greens, chutney carrots, creamy mash & gravy / 15.75

### SIRLOIN or RIB EYE STEAK

mixed salad, hand cut chips, tomato & portobello mushroom (gf-df) / 22.95

### BEEF or CHICKEN BURGER

cheese, smoked bacon, onion ring, slaw, fries & burger sauce (gf-df) / 13.95

### HALLOUMI BURGER

mushroom, aubergine, onion ring, slaw, fries & burger sauce (v-gf-df) / 13.95

### LASAGNA

mixed oven baked vegetables, ricotta cheese & béchamel sauce (v) / 12.95

### RISOTTO

changing daily (v-gf-df) / 13.50

## SIDES

### MIXED VEGETABLES

greens & carrots (v-gf-df) / 3.50

### CHIPS

hand cut chips - skinny fries - sweet potato fries (v-gf-df) / 3.75

### SPRING ONIONS BHAJI

coriander chutney / 3.75

### HOUSE SALAD

mustard & honey dressing (v-gf-df) / 3.50