

- OCTOBER/NOVEMBER 2020 LUNCH MENU -

Available Monday to Saturday 12pm-2:30pm

- SMALL PLATES OR STARTERS -

Butternut Squash & Parmesan Soup (g, d) fresh bread, rosemary butter	6.0
(v) Halloumi Fries (g, d, su) baba ganoush, pitta bread	6.0
(v) Homemade Bread & Marinated Olives (g, d, v, su) extra virgin olive oil, balsamic glaze	6.0
(v) Beetroot Fritters (g, d) feta cheese, radish, croutons	6.0
Moules Marinière (g, d, cr) fresh bread	8.0

- MAIN COURSES -

Ale Battered Cornish Hake , minted crushed peas, warm tartare sauce, triple cooked chips (g, d, su)	15.0
Crispy Lamb, Leek & Rosemary Arancini , butternut squash purée, toasted pumpkin seeds (g, d, n)	14.0
(v) Roasted Root Vegetables , cous cous, puffed rice, beet purée, parsnip crisps, parmentier potatoes (g, d)	13.0
Breast of Free Range Chicken , green beans, carrots, grilled new potatoes, wild mushroom sauce (g, d)	15.0
(v) Wild Mushroom & Spinach Linguini , parmesan velouté, tarragon, pinenuts, truffle oil (g, d, n)	14.0

- SANDWICHES -

all served on rosemary focaccia with tossed salad and skinny fires

Fish Finger (g, d, e, su) tartare sauce	11.0	4oz Welsh Sirloin Steak (g, d, su) fried onions, mushrooms, blue cheese	11.0
Breast of Chicken (g, d, su) grilled bacon, welsh cheddar	11.0	Belly of Brecon Pork (g, d, su) apple, onion	11.0
(v) Welsh Cheddar & Red Onion (g, d)	8.0	Avocado, Perl Wen, Cranberry, Tomato & Roquette (g, d)	8.0

- SIDES -

Hand-cut Triple Cooked Chips	3.5	New Potatoes (d)	3.5		
Skinny Fries	3.5	Tenderstem Broccoli (d)	3.5		
Fresh Side Salad (v)	3.5	Seasonal Vegetable Medley (d)	3.5		
Homemade Garlic Bread (d, g)	3.5	<i>with welsh cheddar</i>	4.0	<i>with welsh cheddar & mushrooms</i>	4.5

- DESSERTS -

Peanut Butter Banoffee Pie , white chocolate fudge, white chocolate ice cream (d, g, n)	7.0
Baked Pear & Frangipane Tart , crème anglaise, vanilla ice cream (d, g, e, n)	7.0
Treacle Sponge Pudding , citrus custard, nutmeg ice cream (d, g, e, su, n)	7.0
Apple Tarte Tatin , vanilla sauce, vanilla pod ice cream (d, g)	7.0
Sticky Toffee Pudding , honeycomb ice cream, butterscotch popcorn (d, g)	7.0
Selection of Welsh Ice Creams & Sorbets , please ask your server for our current selection (d, e)	6.0
Finest Welsh Cheese Selection , <i>Perl Lâs, Perl Wen, Red Devil, Green Thunder, Black Bomber</i> homemade bara brith, artisan crackers, chutney, frozen grapes, celery, apple (g, d, su, c)	9.0

Ingredient key is advisory only if you or any of your party suffer from any form of food allergies please inform us before placing your order & we will do our best to accommodate your requirements where possible.

Ingredient Key: (d) - dairy; (g) - gluten, wheat or lupins; (s) - soy; (v) - vinegar; (c) - celery; (cr) - crustacean; (n) - nuts/seeds; (su) - sulphites; (e) - egg; (m) - mustard