

# BRUNCH

BRUNCH SERVED UNTIL 2PM

## PROPER EDINBURGH BREAKFAST 10.50

Bacon, Sausage, Haggis, Poached Egg, Tomato, Mushroom, Spinach, Homemade Smokey Beans & Toasted Manna House Bread

## VEGGIE BREAKFAST (V) 10.00

Asparagus, Sausage, Haggis, Pea & Mint Smash, Tomato, Mushroom, Spinach, Homemade Smokey Beans & Toasted Manna House Bread

Add Poached Egg 1.00

## BEANS ON TOAST (VG) 6.50

Homemade Smoky Beans on Toast

Add Fried Egg 1.00

Bacon 1.50

Smoked Cheddar 1.50

## AKVA BACON & BRIE.L.T. 6.90

Bacon, Brie, Lettuce, & Tomato

## BUTTERMILK PANCAKES (V) 5.50

With Maple Syrup & Icing Sugar

Add Bacon 1.50

Add Chilli Feta Sweet Potato & Chimichurri 1.50

## LIGHTBITES

### HOMEMADE SOUP OF THE DAY 4.50

Served with Manna House bread

### CROQUE MONSIEUR 8.00

Ham, Cheddar & Mustard Bechamel

### VEGGIE CROQUE 7.50 (V)

Roasted veg, Cheddar & Mustard Bechamel

### TOMATO & MOZZARELLA TOASTIE (V) 6.50

Spinach & Homemade Pesto

Add Fried Egg 1.00

Add a Mug of Soup 2.00

Add Fries 1.50

Add Sweet Potato Fries 2.50

### VEGGIE HAGGIS BON-BONS (V) 4.50

Red Onion Marmalade & Crispy Leeks

### CRISPY BUFFALO CAULIFLOWER WINGS (VG) 5.00

Black Sesame Seeds & Smoky Mayo

### HUMMUS, BABA GANOUSH & HOMEMADE VEGAN PESTO (VG) 5.50

with Manna House Breads

### SMOKED HADDOCK FISHCAKES 6.00

Spring Onion, Coriander & Curried Mayo

### EDAMAME BEAN, PEA & MINT SMASH (VG) 6.50

On Sourdough with Crispy Kale & Skordalia (Garlic & Potato Mash),

Add Poached Eggs 1.50

Add Feta 1.00

### EGGS BRANDO (V)(GF) 8.25

Homemade Tattie Scone Topped with Scrambled Egg, Feta, Chilli & Honey

## SIDES

### HASSELBACK POTATOES 3.50

CHOOSE EITHER

Straight up (VG)(GF)

Parmesan & Breadcrumbs 1.00

Smoked Bacon & Cheese (GF) 1.00

### SWEET POTATO FRIES (V) 3.50

With Spicy Mayo

### RUSTIC FRIES (GF) (VG) 2.50

### MARINATED OLIVES (GF) (VG) 3.50

### HOMEMADE DILL PICKLES (GF) (VG) 3.50

### SIDE SALAD (GF) (VG) 2.95

### CRISPY CHICKEN STRIPS 6.90

Chimichurri Marinated Breaded Chicken Strips

Served with Spicy Mayo and Side Salad

## SHARING

### SMÖRGÅSBORD 16.50

Peppered Pastrami, Smoked Salmon, Crayfish, Lemon & Dill Herring, Cream Cheese, Boiled Egg, Pickled Beetroot, Homemade Dill Pickles Served with a Selection of Manna House Bread & Dressed Salad

### BAKED CAMEMBERT (V) 9.90

Served with Homemade Chutney, Dressed Side Salad with a Selection of Manna House Bread

### SWEDISH(ISH) POUTINE 8.50 (V)

Rustic Fries with Smoked Applewood Cheddar & our Creamy Swedish Onion Gravy

# SALADS

## **SWEET POTATO & CURRIED PUY LENTIL SALAD (VG)(DF) 9.25**

*Green Bean, Pickled Veg, Toasted Almonds with a Turmeric & Coconut Dressing*

**Add Chicken or Salmon 3.00**

## **GREEN DREAM SALAD (VG)(DF) 10.00**

*Cauliflower, Broccoli, Giant Cous Cous, Edamame, Pea & Mint Smash with Citrus & Coriander Dressing*

**Add Chicken or Salmon 3.00**

## **SUMMERY SWEDISH MEATBALL SALAD (DF) 10.75**

*with Skordalia (Garlic & Potato Mash), Slow Roast Tomatoes, Asparagus, Lingonberry Jam & Rocket Pesto*

***Make it Vegan!***

***Swap out the Meatballs for Homemade Vegan Meatballs!***

# BURGERS

## **BODA BEEF BURGER 9.50**

*Beef Patty, Smokey Mayo, Beef Tomato, Home Made Dill Pickle, Homemade Relish & Baby Gem*

## **CHIMICHURRI CHICKEN BURGER 9.50**

*Crispy Chimichurri Marinated Chicken, Spicy Mayo, Beef Tomato, Home Made Dill Pickle & Baby Gem*

## **THE ULTIMATE GREEN BURGER (VG) 9.50**

*Puy Lentil, Mushroom, Hummus & Pesto Patty with Pickle, Beef Tomato, Home Made Dill Pickle & Baby Gem*

***All Served with a Dressed Side Salad and a Brioche Bun  
Vegan and GF Buns Available***

***Fries 1.50 | Sweet Potato Fries 2.50 | Cheddar 1.00  
Bacon 1.50 | Crispy Onions 1.00 | Haggis 1.00***

# MAINS

SERVED FROM 2PM ON WEEKENDS

## **NORDIC FISH STEW (GF) 6.00/12.00**

*Manna House Bread & Butter*

## **PAN FRIED CRISPY COLEY FILLET 10.50**

*Fragrant Sweet Potato, Tomato & Olive Tagine with Homemade Flatbread*

***Tagine Available Without Coley (VG)(DF) 8.50***

## **AKVAS' TRADITIONAL SWEDISH MEATBALLS (GF) 11.90**

*In a Creamy Dill and Onion Sauce Served with Skordalia (Garlic & Potato Mash), Topped with Crispy Onions and Lingonberry Jam*

## **VEGAN SWEDISH MEATBALLS (VG)(DF) 10.50**

*In a Tomato and Basil Sauce served with Skordalia (Garlic & Potato Mash), Topped with Crispy Onions and Lingonberry Jam*

Please inform your server for ANY allergies or special dietary requirements that we should be made aware of.

V = Vegetarian | VG = Vegan | GF = Gluten free | N = Contains nuts

# FIKA

FIKA - THE SWEDISH CONCEPT OF 'HAVING COFFEE'  
OFTEN ACCOMPANIED WITH A PASTRY,  
CAKE, OR A SMALL SNACK

## ALMOND MILK & DECAF COFFEE AVAILABLE

LATTE	3.00
CAPPUCCINO	3.00
MOCHA	3.20
FLAT WHITE	2.90
AMERICANO	2.60
ESPRESSO	1.90/2.40
MACCHIATO	2.50
HOT CHOCOLATE	2.90
ICED COFFEE	3.00
FILTER COFFEE	2.20
LIQUEUR COFFEE	5.50
BABYCCINO	1.00
TEA	2.20

BREAKFAST TEA | EARL GREY | GREEN TEA |  
LEMON & GINGER | RED BERRIES | ROIBUS |  
CAMOMILE | PEPPERMINT

## THE SWEET STUFF

### KLADDKAKA

A GOOYEE SWEDISH CHOCOLATE CAKE

### KANELBULLAR 2.50

A SWEDISH CINNAMON & CARDAMOM BUN (V)  
ADD NATURAL YOGHURT 50P

### HOMEMADE CHOCOLATE BROWINES

### CROISSANT WITH JAM AND BUTTER 3.00

### WHY NOT HAVE A PEEK AT OUR CAKE FRIDGE! 4.95

A DAILY CHANGING SELECTION OF HOMEMADE CAKES

## KIDS (0-12)

SOUP OF THE DAY WITH CRUSTY  
BREAD 2.50

MACARONI CHEESE WITH GARLIC  
BREAD AND SALAD (V) 4.50

SWEDISH MEATBALLS IN A TOMATO  
SAUCE (GF) 4.50  
with garlic bread and salad

SWEDISH VEGETARIAN MEATBALLS  
(V) 4.50

CHEESE AND HAM TOASTIE WITH  
HOUSE SALAD 4.50

CRISPY CHIMIICHURRI CHICKEN  
SPRIPS WITH CHIPS & PEAS 4.50

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