

— VEGAN MENU —

◦ STARTERS ◦

TOMATO & BASIL SOUP 4.50

With crusty bread

BAKED SWEET POTATO 7.00

Topped with lentil dahl & spiced onion relish

TRIO OF PICKLED BEETS 7.00

*Toasted crostini, smoked red pepper coulis,
sunflower seeds & mixed salads*

PUMPKIN & WINTER GREENS RISOTTO 7.50

Topped with crispy parsnips

◦ MAINS ◦

ROASTED AUBERGINE^(N) 13.50

*Harissa spiced cous cous with toasted almonds,
sultanas, spiced potatoes, pesto & red pepper coulis*

PUMPKIN & WINTER GREENS RISOTTO 13.00

Topped with crispy parsnips

THAI GREEN VEGETABLE & TOFU CURRY 14.00

With coriander rice

ROAST BEEF TOMATO, SUN BLUSH TOMATOES
& FIELD MUSHROOMS 13.50

Served on fennel puree with tarragon crushed potatoes

◦ FINE PIECES ◦

ICED COCONUT & PEPPERMINT PARFAIT 7.50

With dark chocolate sauce & mulled berries

SELECTION OF SORBETS 6.50

Served with raspberry coulis

FRESH FRUIT SALAD 7.00

THE ESSLEMONT

BAR & RESTAURANT

VEGAN MENU



THEESSLEMONT.CO.UK