

# COVE

RESTAURANT

Adults £12.50 Children £5

## BREAKFAST MENU

---

**Full English**, pork sausage, grilled back bacon, grilled tomato, mushroom, hash brown, baked beans and egg

**Vegetarian Full English (V)**, vegetarian sausages, hash brown, grilled tomato, mushroom, wilted spinach, baked beans and egg

**Vegan Full English (VG)** vegetarian sausages, hash browns, grilled tomato, mushrooms, wilted spinach, baked beans

**Eggs Benedict**, smoked bacon & mushroom, parmesan cheese

**Eggs Royale**, toasted muffin, smoked salmon, poached free-range eggs, hollandaise sauce

**Pancakes (V)**, maple syrup or Nutella

**Porridge (V)**, honey or brown sugar

*Gluten free options & non-dairy milk available on request*

*If you have any dietary requirements please inform a member of staff when ordering. We try and source as much produce as possible from the local area.*

V - Vegetarian | VG - Vegan | GF - Gluten Free | DF - Dairy Free

## JUICE BAR

---

Orange Juice

Apple Juice

## BEVERAGES

---

Filter Coffee

Decaf Coffee

Hot Chocolate

English Breakfast Tea

## COFFEES

---

Espresso £2.00

Americano £3.00

Cappuccino £3.25

Latte £3.25

Flat White £3.25

## ROOM SERVICE BREAKFAST HAMPER

---

Fancy a lie in? Why not have one of our in room continental breakfast hampers and enjoy from the comfort of your room. Please order from reception before 9pm the night before.

### This hamper includes:

Bottle of orange or cloudy apple juice

Yoghurt

Fruit salad

Box of pastries

Condiments – jam, marmalade, honey

### For the little ones:

Yoghurt

Mini muffin and mini pain au chocolat

Apples and grapes,

Cereal boxes

We are driven by the seasons and inspired by our specialist Cornish growers, farmers and fishermen. All our dishes are freshly prepared and cooked to order so may take a little time. We have full allergen information on all of our dishes, please ask your host for more information.

@ESPLANADEHOTEL / ESPLANADEHOTELNEWQUAY.CO.UK