



The Vineyard Restaurant

Breakfast Menu

Available from 9am to 11am

The Vineyard breakfast

Sausage, bacon, fried eggs, mushroom, tomato, beans, black pudding, toast, choice of tea or filter coffee

£8.50

The Vineyard veggie breakfast

Vegetarian sausage, spinach, fried eggs, mushrooms, tomatoes, beans, falafel, choice of tea or filter coffee

£8.50

B.L.T.

Dry cured bacon, crispy lettuce, tomato, soft white bap

£4.95

Tea cake

Jersey butter, La Mare raspberry jam or La Mare Jersey black butter

£2.95

Health pot

Home made granola, Jersey yoghurt, summer berry compote

£3.95

Vegan smoothie

Banana, avocado, spinach, soy milk, pumpkin seeds, mint, ginger

£4.95

French toast

Crispy streaky bacon, cinnamon, honey

£5.95

Baked croissant sandwich

Ham, avocado, tomato, Jersey cheddar

£5.95

The Vineyard omelette

Free range hen eggs, cheddar, grilled tomato, spinach, red onion

£6.95

La Mare eggs royale

Poached egg, smoked salmon, grilled ciabbata, chive hollandaise, young rocket

£7.95

Coffee

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| Filter coffee | £2.50 | Large espresso | £3.25 |
| Cappuccino | £3.50 | Mocha | £3.50 |
| Cafe latte | £3.50 | Flat white | £3.50 |
| Americano | £2.95 | Hot chocolate | £3.55 |
| Small espresso | £2.75 | La Mare brandy coffee | £6.25 |

Tea

English breakfast £2.75

Selection of tea blends

Including (Earl grey, Darjeeling, green tea and peach, red bush, decaf, green tea, camomile, peppermint, lemongrass and ginger, jasmine)

£2.95

Please view drinks on our full menu