



## BREAKFAST MENU

<b>Fresh Orange Juice</b> (VG)	£2.75
<b>Apple Juice</b> (VG)	£1.95
<b>Berry Boost Smoothie</b> with coconut (VG)	£3.75
<b>Green Machine Smoothie</b> with apple (VG)	£3.75
<b>Croissant or Pain Au Chocolat</b> (V, G, D, S, E)	£3.00
<b>Sourdough Toast</b> Netherend farm butter, strawberry jam, marmalade or honey (V, G, D)	£3.25
<b>Greek Yoghurt</b> roasted hazelnuts, blueberry compote & maple syrup (V, D, N)	£3.95
<b>Coconut Vegan Yoghurt</b> pineapple, pomegranate, chia seed & maple syrup (VG, S)	£3.95
<b>Porridge</b> toasted almonds, cinnamon & maple syrup (V, G, N, D)	£3.95
<b>Bacon or Sausage Brioche Bun</b> ketchup or brown sauce (G)	£5.00
<b>Vegan Sausage Brioche Bun</b> ketchup or brown sauce (VG, G)	£5.00
<b>ON TOAST</b> <i>All served on sourdough toast / White gluten-free bread also available</i>	
<b>Two Eggs on Toast</b> ( <i>fried, scrambled or poached</i> ) (V, E, G, D)	£5.50
<b>Scrambled Tofu</b> smashed avocado, spring onion, coriander & chilli jam (VG, SD, S, Gr)	£7.95
<b>Grilled Field Mushrooms</b> two poached eggs & salsa verde (V, E, G, SD, Gr)	£8.95
<b>Eggs Benedict</b> two poached eggs, ham hock, hollandaise sauce (E, G, D, SD)	£8.95
<b>Eggs Royal</b> two poached eggs, Smoked Salmon, hollandaise sauce (F, E, G, D, SD)	£9.50
<b>Smashed Avocado</b> two poached eggs, dukkah, coriander & chilli jam (V, E, G, N, Se, SD, Gr)	£8.95
<b>Severn &amp; Wye Smoked Salmon</b> scrambled eggs, capers & chives (F, D, E, G, SD)	£9.50
<b>Phil's Cooked Breakfast</b>	
Fried Ducks Egg, honey glazed bacon, pork sausage, hogs pudding black pudding, roast tomato, field mushroom & baked beans (G, E)	£11.00
<b>Breakfast Extras:</b>	
Fried egg, poached egg, field mushroom, baked beans, roast tomato	£1.00
Fried duck's egg, black pudding, pork sausage, vegan sausage, streaky bacon, smashed avocado	£1.50
Smoked Salmon, honey glazed bacon, hogs pudding	£2.00

### ALLERGEN KEY

(C) Crustaceans (Ce) Celery (D) Dairy (E) Eggs (F) Fish (P) Peanuts (G) Gluten (L) Lupin (N) Nuts  
(Mo) Molluscs (Mu) Mustard (S) Soya (SD) Sulphur Dioxide (Se) Sesame Seeds  
(V) Vegetarian (VG) Vegan (Gr) Garlic

*Please note: All dishes are prepared in a kitchen that uses nut ingredients*