

SABATISERS

EAT HEALTHY TO LIVE LONG & STRONG

Prawn Crackers	€2.00
Served with a sweet chilli sauce	
Hoisin Duck Rolls (SS)	€6.50
Aromatic duck wrapped in pancakes with julienne of leek, cucumber & hoisin sauce	
Por Pia Thod (V)	€4.95
Crispy vegetable spring rolls with wood ear mushrooms & a plum sauce	
SABA Chicken Wings	€5.95
In a soy, honey & sesame glaze with a tamarind dip	
Satay Gai (BF, SL)	€5.95
Grilled chicken skewers with a peanut sauce	
Black Pepper Squid (SF, SL)	€6.75
Served with a ginger pepper sauce	
Tangy Tempura Pak (V, SF)	€6.25
Tempura vegetables with a mustard & lime mayonnaise	

SUPERFOOD SALADS

GO RAW AND NUTRIENT RICH

Gingergrass Salad (L, V, BF, SF, PF, SS)	€9.95
Ruby chard, mizuna, mint, beansprouts, ginger, lemongrass, butternut squash, red wine vinegar dressing & roasted pumpkin seeds	

NOODLES

NOURISH YOUR BODY AND UP THOSE ENERGY LEVELS

Can be modified for coeliacs and vegetarians	
Phad Thai (L, SF)	€10.95
Choose from the following: Tiger Prawns & Chicken or Chicken Flat rice noodles with peanuts, egg, beansprouts & lime	
Phad Thai Jay (L, SF, V)	€10.95
Flat rice noodles with tofu, vegetables, peanuts, egg, beansprouts & lime	
Bangkok (L, L, L, SF, SL)	€10.95
Flat rice noodles with beef, onions, peppers, chillies, spring onions & sweet basil	
Saigon (L, SF)	€10.95
Vermicelli noodles with tiger prawns, pork & egg Vietnamese style	
Hoi An (L, L, SF, V)	€10.95
Brown vermicelli noodles with wood ear mushrooms, chillies, sweet basil, vegetables, egg & cashew nuts	
Phuket (L, L, L, SF, SL)	€10.95
Egg noodles with tiger prawns, peppers, chillies, string beans & holy basil	
Pattaya (L, L, L, SF, SL)	€10.95
Egg noodles with roasted duck, chillies, egg, pak choi, Chinese leaves & mushrooms	
Chiang Rai (L, L, L, SF, SL)	€10.95
Spicy egg noodles with chicken, peppers, onions, chilli & sweet basil	

SUPER SOUPS

REHYDRATE AND REJUVENATE WITH
DR. SABA'S MEDICINAL SOUPS

Tom Yaam Goong       16oz €5.95

Also known as medicine soup, this traditional Thai spicy soup with tiger-prawns, oyster mushrooms, galangal, kaffir lime leaf, lemongrass, chillis and coriander packs a real punch. Delicious!

Pho Bo  26oz €10.25

Flat rice noodles, beef fillet, beansprouts, spring onion in a delicious Vietnamese broth with crispy garlic and fresh coriander

WOK

Rice is served with our wok dishes, but is not included in the calorie count
WOK YOUR WORLD WITH SOME SUPER NUTRITION

Choose from the following: Chicken or Vegetables €10.95
Beef, Duck or Prawn €11.25

Xao Hao Lo (sao-hua-ler)  

Oyster mushrooms, baby corn, snow peas & cashew nuts

Phad Khing  

With ginger, shitake mushrooms, spring onion, baby corn & peppers

Phad Nam Prik Pao    

With chilli paste, baby corn, onions, wood ear mushrooms, peppers & chillies

Phad Prik Sod     

With chillies, onions, peppers, mushrooms & sweet basil

Boom!!!      

Fiery stir fry with red curry paste, bird's eye chillies, string beans, fresh peppercorn & galangal root

Sweet & Sour

With onions, pineapple, spring onions, tomatoes & mixed peppers

PALEO DISH

Rice is not included
DAIRY, WHEAT, SOYA AND LEGUME FREE,
JUST HOW THE CAVEMEN LIKED IT

Choose from the following: Chicken or Vegetables €10.95
Beef or Prawn €11.25

CURRY

Rice is served with our curry dishes, but is not included in the calorie count
BURN FAT WHILE STRENGTHENING THE IMMUNE
SYSTEM WITH OUR COCONUT CURRIES

Choose from the following:

Chicken or Vegetables €11.25
Beef, Duck or Prawn €11.55

Massaman  

With potatoes, onions, peanuts & crispy shallots

Red      

With string beans, bamboo shoots, peppers, chilli, aubergines & sweet basil

Green      

With aubergines, bamboo shoots, string beans, peppers, chilli & sweet basil

Yellow   

With onions, potatoes & crispy shallots

Gaeng Karee Fuktong     

Aromatic yellow butternut squash curry with sweet potato, onions & potatoes

SIDES

Dao Hup  

Stir-fried vegetables in a garlic & mushroom sauce

Phad Fuktong   

Stir-fried butternut squash with cashew nuts, spring onions & egg

Steamed Fragrant Rice 

€1.95

SABA Brown & Red Rice 

€2.50

Egg Fried Rice 

€2.15

Fried Egg Noodles 

€3.15