# Lunch Menu

## PLEASE ORDER AT THE BAR

#### **SNACKS & STARTERS**

Olives 2.95 Garlic bread 3.95

Whitebait with chilli mayonnaise 4.95

TLC glazed cocktail sausages 4.95

Grilled sourdough with olive oil 3.95

Grilled pitta with houmous & tzatziki 5.50

Soup of the day with bread\* 3.95

King prawn & tomato salad 6.95

Crown pâté 4.95 with chutney & bread\*

Meat platter; 6.95 prosciutto, speck & wild boar salami with bread

- S Onion rings ~ Saute potatoes
- I Seasonal vegetables
- D Skinny fries ~ Chunky chips
- E Sweet potato fries
- S Tomato & red onion salad 3.00 each

#### **MAINS**

Chicken breast 11.95 roasted crushed new potatoes, bacon & a creamy lemon-scented sauce

Oven roasted seabass 13.95 heritage tomatoes, chorizo & sauté potatoes

Swordfish steak 11.95 lime, mango & tomato salsa, skinny fries & salad

Grilled halloumi 9.95 peas, spinach & beans, sweet potato fries

Baked peppers 9.95 red onion, fennel, mozzarella & salad

TLC beef burger 10.95 ciabatta bun, mature cheddar, onion ring, home-made burger sauce & skinny fries

Fish & chips 10.95 beer batter, tartare sauce, chunky chips & mushy peas

Food served

12-2.30pm Monday-Saturday

12-8.30pm Sunday

5:30pm – 9pm Monday - Thursday

5.30pm – 9.30pm Friday & Saturday

#### LIGHT LUNCHES

Calamari 7.95

fries, salad & chilli mayonnaise

Baked baguette 7.95 bacon, brie & salad

Lemon chicken salad 7.95 houmous, quinoa

Crab mayonnaise 7.95 toasted sourdough bread with rocket

Steak ciabatta 8.75 Mozzarella, red onion & fries (best cooked medium-rare)

Steak & frites 12.50
"80z Feathersteak" & garlic butter
(best cooked medium-rare)
Rib-eye steak 19.95 / Fillet steak 22.50

### **PUDDINGS & CHEESE**

Summer pudding with cream 4.95

Chocolate brownie & ice-cream 4.95

Crumble with custard 4.95

Ice-cream or sorbet 3.95

with shortbread (2 scoops)

Cheesecake with coulis 4.95

Trio of cheese 6.50/9.50

<sup>\*</sup>served with toasted sourdough bread or gluten free roll