



www.cafetabou.co.uk

DRINKS

SOFT DRINKS

- SPARKLING WATER SMALL £2.55 LARGE £4.10
STILL WATER SMALL £2.55 LARGE £4.10
COKE / DIET COKE £2.55
ORANGINA £2.55
GINGER BEER £2.55
LEMONADE £2.45
APPLETISER £2.55
FRESH ORANGE & LEMONADE £2.55
TONIC WATER £2.55
SAN PELLEGRINO LIMONATA £2.55
ELDERFLOWER PRESSE £2.55
JUICES: ORANGE, APPLE, CRANBERRY,
PINEAPPLE, TOMATO £2.45
IRN BRU £2.45

KIRS

KIR £6.25
Creme de Cassis and Sauvignon Blanc

KIR ROYAL £12.50
Creme de Cassis and Champagne

APÉRITIFS

- PERNOD RICARD £3.95
VINTAGE PORT £4.70
MARTINI (*Rosso, Bianco / Extra Dry*) £4.10
CAMPARI £4.60
SWEET SHERRY - PEDRO XIMENEZ £4.50
DRY SHERRY - TIA PEPE £4.35

BEERS

- INNIS & GUNN HALF PINT £3.15 / PINT £4.60
PERONI NASTRO AZZURRO 660ml £6.95
LEFFE BLONDE 330ml £4.25
DARK ISLAND ALE 500ml £5.60
SAN MIGUEL (*Non alcoholic beer*) 330ml £3.60
GUINNESS PINT £4.65

CIDERS

- LONGUEVILLE NORMANDY APPLE 500ml £5.90

COCKTAILS

STRAWBERRY DAIQUIRI £6.40
Bacardi Rum, Fresh Lime Juice, Strawberry Coulis and Sugar Syrup

FRENCH 75 £7.70
Champagne, Hendricks Gin, Lemon Juice and Sugar

FRENCH GIMLET £6.90
Bombay Sapphire, St Germain Elderflower Liqueur, Fresh Lime and Lemonade

RHUBARB MARTINI £6.70
Hendricks Gin, Rhubarb Compote and Bitter Lemon

MOCKTAILS (ALCOHOL FREE)

BERRY BUZZ £5.50
Cranberry Juice, Apple Juice, Lime and Raspberry Sorbet

GIN (25ml)

- BOMBAY £3.95
HENDRICKS £4.10
TANQUERAY £4.30
EDEN MILL LOVE GIN £4.40

SPARKLING

DIVICI ORGANIC PROSECCO
£5.35 (125ml) / £27.95 (Bottle)

*A delicate and complex bouquet with fruity notes of peach and green apple.
Fresh and soft on the palate with well-balanced acidity.*

Grape: Glera (Vento, Italy) Food Match: Aperitif, Desserts

MAILLART BRUT PREMIER CRU NV
£9.00 (125ml) / £29.95 (Half Bottle) / £49.95 (Bottle)

Golden in colour with intense aromas of fruit and toasty hazelnuts.

Wonderfully fresh and fruity with great finesse.

**Grape: Chardonnay/Pinot Noir/Pinot Meunier, (Champagne, France)
Food Match: Shellfish, Foie Gras**

ROSE WINE

125ml / 250ml / 500ml / Bottle

ROSE D'ANJOU MARCEL MARTIN
£3.75 / £7.25 / £14.25 / £20.95

*A fresh and lively French rose with an enticing, pretty pink colour.
This is an off-dry, yet crisp and youthful style of rose, with exuberant flavours
of redcurrant, rosehip and strawberry.*

**Grape: Cabernet Franc and Cabernet Sauvignon (France, Loire)
Food Match: Veal, Grilled Fish, Oysters, Cured Meat**

WINE

WHITE WINE

125ml / 250ml / 500ml / Bottle

VIGNOBLE DU SUD

£3.65 / £6.85 / £13.55 / £19.95

Classic flavours of refreshing citrus fruits and gooseberries balanced with a delightful acidity make this ideal with light food.

Grape: Sauvignon Blanc (South of France)

Food Match: Fish and Seafood

COSMINA

£3.75 / £7.25 / £14.25 / £20.95

Opulent aromas of grapefruit and peach. This wine is packed with apple and melon flavours followed by a delicious citrusy acidity.

Grape: Pinot Grigio (Romania, Transylvania / Banat)

Food Match: Green Salad, Chicken or Fish

GOYENECHEA

£3.95 / £7.85 / £15.55 / £22.95

As this is an unoaked Chardonnay, the fruit really shines through.

A fresh bouquet against a backdrop of creamy aromas and a scent of mango.

Grape: Chardonnay (Argentina, Mendoza)

Food Match: White Meat and Pasta

BOUNDARY HUT

£4.35 / £8.55 / £16.85 / £24.95

A nose full of ripe capsicums, gooseberries and lime followed by flinty notes of tomato leaf. A round but crisp palate with a nice backbone of acidity.

Grape: Sauvignon Blanc (New Zealand, Ohau)

Food Match: Seafood and Aperitif

TERRASSES DE LA MAR

£4.95 / £9.75 / £18.95 / £27.95

Offering something a little different, it is light and delicate in style with a hint of peaches and apricots on the finish.

Grape: Picpoul Blanc (South of France)

Food Match: Salmon, Swordfish and Mussels

BERONIA

£5.25 / £10.15 / £20.25 / £29.95

Outstanding, crisp white made from 100% Verdejo grapes with fresh citrus and melon aromas and smooth, long lasting flavours.

Grape: Verdejo (Spain, Rueda)

Food Match: Vinaigrette, Tomatoes and Olives

SARONSBERG

£5.85 / £11.65 / £23.25 / £33.95

The wine has a light straw colour and flavours of honey, pear, apricot and delicate floral notes. It has a rich, silky palate with subtle spice and yellow fruit flavours, light oak and a balanced fresh finish.

Grape: Viognier (South Africa, Tulbagh)

Food Match: White and Cured Meats

VALDAMOR

£6.25 / £12.15 / £24.25 / £35.95

Showing melon notes with a hint of peach and a touch of green leaf. It also has a palate pleasing sparkle and a fuller than normal body.

Grape: Albarino (Spain, Rias Biaxas)

Food Match: Seafood and Fish

RED WINE

125ml / 250ml / 500ml / Bottle

CALEO

£3.65 / £6.85 / £13.55 / £19.95

An intense and fragrant bouquet with a rich variety of fruit flavours.

On the palate, this red is pleasant, harmonic and velvety.

Grape: Primitivo (Italy, Puglia)

Food Match: Rich Tomato Flavours and Game

MONTANES

£3.95 / £7.85 / £15.00 / £21.95

A nose of spicy mocha underlines the open fruitiness of the malbec grape.

The taste is rich and vibrant with dark, red fruits.

Grape: Malbec (Argentina, San Rafael)

Food Match: Steaks, Barbecued Lamb

LA VERSANT

£4.35 / £8.50 / £16.85 / £24.95

Nice ruby colour. Aromatic nose with aromas of little red fruits combined with woody hints and notes of tobacco. A pleasant mouth, both full bodied and supple, the tannins are elegant and harmonious.

Grape: Merlot (South of France)

Food Match: Lamb, Game, Tomato Dishes

LOMOND

£4.55 / £8.75 / £17.95 / £25.95

Notes of white pepper with hints of wood spice and berry follow through on the palate. A beautifully integrated and elegant wine with supple, soft tannins.

Awarded 4 stars in the 2013 John Platter guide.

Grape: Syrah (South Africa, Cape Agulhas)

Food Match: Steak, Venison

COTES DU RHONE, PARCELLES 38

£4.95 / £9.80 / £19.50 / £28.95

A blend of Grenache, Syrah and Mourvodore, this is serious Cotes du Rhone, full flavoured with the structure to support the ample fruit.

Grape: Grenache / Syrah / Mourvedre (France, Rhone Valley)

Food Match: Beef, Lamb and Cheese

LOUIS LATOUR DOMAINE DU VALMOISSINE

£5.25 / £10.15 / £20.25 / £29.95

Candied cherry fruits with a spicy perfume on the nose, a velvety textured palate brimming with ripe cherry and strawberry fruits laced with vanilla, leading to a rounded finish.

Grape: Pinot Noir (South of France)

Food Match: Lamb, Turkey and Cheese

BERONIA RESERVA

£5.85 / £11.65 / £23.25 / £33.95

Made from 89% Tempranillo, 6% Mazuelo and 5% Graciano.

The wine undergoes 18 months ageing in barrel and a further 2 years in bottle before release. There are hints of chocolate, toasted bread and spice on the nose and a smooth, gentle finish.

Grape: Tempranillo / Mazuelo / Graciano (Spain, Rioja)

Food Match: Lamb, Rich Game and Beef

BRANDE BERGERE "CUVEE O'BYRNE"

£6.25 / £12.15 / £24.25 / £35.95

Drinking beautifully at the moment with some plum, a touch of blackcurrant and hints of liquorice on the finish. Smooth tannins and nice length on the palate.

Grape: Merlot / Cabernet Sauvignon / Cabernet Franc. (France, Bordeaux)

Food Match: Red Meat

A LA CARTE

From 5pm daily
Kitchen closes at 9.00pm (Sunday & Monday 8pm)

STARTERS

TWICE BAKED SOUFFLE £7.90

Twice baked hot salmon and gruyere souffle served with a chive veloute

KING SCALLOPS £10.50

Pan seared king scallops served with a curried parsnip, parsnip crisp and pomegranate

GRILLED SNAILS £11.90

A dozen of snails grilled in their shell with a garlic, parsley and pernod butter

ANTIPASTO (to share)

STARTER £7.90 / MAINS £14.90

A selection of cured meats, rilette, baby mozzarella, stuffed peppers, gherkins and olives all accompanied with grilled ciabatta bread

GOAT CHEESE SALAD £8.90

Grilled goat cheese on toasted brioche bread served with poached pears, figs, dried cranberries and mustard dressing

DUO OF PIGEON AND PARTRIDGE £8.90

Pan fried pigeon and partridge breast served with baby onion, broad beans, petit pois and potato gnocchi topped with crispy pancetta, game chips and red wine jus

PARFAIT £8.50

Duck liver and foie gras parfait served with toasted brioche, cherry jelly and white onion chutney

STEAMED MUSSELS £8.90

Mussels steamed in a white wine, smoked salmon, spring onion cream sauce

MAINS

COD STEAK £18.50

Pan fried cod supreme served with a creamy crab, smoked salmon and spring onion risotto, Basil butter crispy crab fritters

DUCK BREAST £18.90

Seared duck breast served with roast golden beetroot puree, potato gratin, fine beans confit cherry tomato and tarragon jus

RACK OF LAMB £19.90

Roast rack of lamb shoulder served with provencal vegetable ragout, horseradish puree and olive tapenade

GUINEA FOWL £18.90

Slowly cooked guinea fowl in a cider jus with baby vegetables, braised shallots, smoked bacon and baby potato

MUSHROOM & SPINACH

VOL AU VENT £15.90

Served with an artichoke puree and parmesan shavings

BAKED CAMEMBERT £14.90

Whole camembert baked until melting served with a fig, walnut and pear salad, red onion chutney and toasted baguette

FISH AND SEAFOOD BISQUE

STARTER £8.90 / MAINS £16.90

Bisque made with Tabou unique seasoning served with mussels, selection of seafood, prawns, croutons, gruyère cheese and saffron mayonnaise

SIDES

RUSTIC CHIPS WITH TRUFFLE SALT
OR ROAST GARLIC AIOLI £3.95

CREAMY KALE WITH GARLIC BUTTER AND
TOASTED WALNUTS £2.95

POTATO GRATIN
TOPPED WITH GRUYÈRE £2.95

HONEY ROOT VEGETABLES £3.95

PEAR, BEETROOT AND FIG SALAD £3.95

MIXED SALAD £3.90

EXTRA SAUCES £1.90

Brandy & Peppercorn / Garlic Butter / Beamaise / Blue Cheese

KIDS MENU

PLEASE ASK A MEMBER OF STAFF FOR DETAILS

We cannot guarantee that any products on this menu are totally free from nuts or derivatives and that fish products are free from all bones. Products may be cooked in GM Soya oil. Some of our selected cheeses may also be made from unpasteurised milk. Allergen information available, please ask a member of staff for details. Prices are inclusive of VAT.

A LA CARTE

CLASSIC STEAK CUTS

All our Steaks are served with honey root vegetables, choice of hand cut chips or potato gratin and sauce of your choice (Bearnaise, Peppercorn, Blue Cheese or Garlic Butter)

RUMP 200g £19.95

Excellent quality, full of flavour and tenderness

RIBEYE 250g £24.95

Popular cut because of the flavour, fat of the eye makes the ribeye one of the most flavoursome cuts

FILLET 280g £28.95

The fillet steak is the prime cut, tender, lean and full of flavour

STEAKS FOR TWO

CHATEAUBRIAND FILLET 500g £49.95

Chateaubriand is a taste sensation to share with family or a friend
It comes from the tenderloin fillet and just melts in your mouth with the most wonderful burst of flavour accompanied by your choice of two sauces

SURF AND TURF (only with beef steaks)

GRILLED TIGER PRAWNS £5.95

BABY SCALLOPS & CRAYFISH
"CAFE DE PARIS" BUTTER £5.95

STEAKS

COUNTRY OF ORIGIN: 100% SCOTCH

FARMED BY: ABERDEEN & ANGUS FARMS

DAYS DRY AGED ON THE BONE: 21-35 DAYS

BREED: GRASS FED BLACK ANGUS & LIMOUSIN

SUPPLIER: YORKES OF DUNDEE

DESSERTS

VANILLA CREAM BRULLE £7.90

Classic vanilla cream brulee with a crisp sugar crunch served with homemade shortbread

CHEESECAKE £7.90

Gin and tonic flavoured cheese cake served with cucumber sorbet and candied lime

BREAD AND BUTTER PUDDING £7.90

Layers of crossiants and brioche baked with cinnamon and orange custard served with rum and raisin ice cream and cream anglaise

CHOCOLATE TORTE £7.90

Chocolate and orange truffle torte served with almond tuille and orange coulis

CRÊPE £6.90

Please ask server for the flavour of the day

CRÊPE SUZETTE £7.90

Homemade crepe served with a orange sauce and lemon sorbet

CHEESE PLATTER

A selection of French and British cheese served with onion chutney, bread and biscuits
BLEU D'AUVERGNE, MANCHEGO, ST. MAURE,
PETIT MUNSTER, BRIE

3 CHEESES: £5.90

5 CHEESES: £7.90

ICE CREAMS & SORBETS

Selection of ice creams and sorbets please ask server about today's flavour

1 SCOOP: £2.90 / 2 SCOOPS: £4.90 / 3 SCOOPS: £7.50

TUESDAY STEAK
FOR TWO £35.00

Grilled 28 day matured selected steak, root vegetables, rustic chips with truffle salt, shallots, vine cherry tomatoes accompanied by sauce.

SUNDAY ROAST
SUNDAY ROAST £16.95

Roast Scotch beef fillet with all the trimmings

We cannot guarantee that any products on this menu are totally free from nuts or derivatives and that fish products are free from all bones.
Products may be cooked in GM Soya oil. Some of our selected cheeses may also be made from unpasteurised milk.
Allergen information available, please ask a member of staff for details. Prices are inclusive of VAT.

PRE THEATRE

1 / 2 / 3 Courses £17.90 / £20.90 / £23.90
Monday - Sunday 5.00pm - 7.00pm ONLY (Kitchen Order must be made by 7pm)

STARTERS

SOUP DU JOUR

Please check our special board for our freshly prepared soup which is accompanied with bread

SALAD DU CHEF

Shredded confit duck leg, baked golden beetroot, pecan nuts, fresh salad leaves and orange dressing

STEAMED MUSSELS

Mussels steamed in white wine, smoked salmon, spring onion and cream

FISH AND SEAFOOD BISQUE

Seafood bisque with Cafe Tabou unique seasonings served with garlic croutones, gruyère cheese and saffron mayonnaise

WILD MUSHROOM GRATIN

Wild mushroom fricassee and baby potato topped with reblochon cheese served with seasonal salad and crostini

PARFAIT

Duck liver and foie gras parfait served with toasted brioche, cherry jelly and white onion chutney

MAINS

COLEY STEAK

Pan fried coley steak served with provencal vegetables ragout and polenta chips

TURKEY BALLOTINE

Roast turkey ballotine with a pork and cranberry farce served with potato gratin creamed brussel sprouts and smoke bacon with natural jus

BUTTERNUT SQUASH RISOTTO

Baked butternut squash risotto topped with grilled goat cheese, toasted pine nuts and crispy sage

FLAT IRON BLADE BEEF STEAK

Pan fried iron blade beef steak served with horseradish mash potato, roast root vegetables and tarragon jus

BRAISED RABBIT

Rabbit slowly cooked in red wine with shallots, carrots, rosemary, garlic and dark prunes served with lyonnaise potato

DESSERTS

VANILLA CREAM BRULEE

Classic vanilla cream brulee with a crisp sugar crunch served with homemade shortbread

CHEESECAKE

Gin and tonic flavoured cheese cake served with cucumber sorbet and candied lime

BREAD AND BUTTER PUDDING

Layers of crossiants and brioche baked with cinnamon and orange custard served with rum and raisin ice cream and cream anglaise

CHOCOLATE TORTE

Chocolate and orange truffle torte served with almond tuille and orange coulis

CRÊPES

Please ask server for the flavour of the day

CRÊPE SUZETTE (£1 Supplement)

Homemade crepe served with an orange sauce and chantilly cream

CHEESE PLATTER

*(£1 Supplement 3 Cheeses, £2 Supplement 5 Cheeses)
A selection of French and British cheese served with onion chutney, bread or biscuits
BLEU D'AUVERGNE, MANCHEGO, ST. MAURE, PETIT MUNSTER, BRIE*

We cannot guarantee that any products on this menu are totally free from nuts or derivatives and that fish products are free from all bones. Products may be cooked in GM Soya oil. Some of our selected cheeses may also be made from unpasteurised milk. Allergen information available, please ask a member of staff for details. Prices are inclusive of VAT.

DRINKS

COFFEE

- BLACK COFFEE £2.20
- WHITE COFFEE £2.20
- ESPRESSO £2.30
- DOUBLE ESPRESSO £2.90
- MOCHA £2.70
- MACCHIATO £2.40
- CAPPUCCINO £2.40
- CAFE LATTE £2.40
- DECAF COFFEE AVAILABLE

LIQUEUR COFFEE

- GROUSE, JAMESON, TIA MARIA, BAILEYS,
COINTREAU, DRAMBUIE, AMARETTO,
GRAND MARNIER, MARTEL
ALL £5.50

BLACK TEA

BREAKFAST TEA £2.50

A traditional, all day English Breakfast blend of single estate teas from India and Africa.

EARL GREY BLUE FLOWER £2.50

A stunning Earl Grey tea infused with the finest organic Sicilian bergamot oil and vibrant blue cornflowers.

GREEN TEA

GREEN TEA GINSENG £2.50

A very light, revitalizing, gingery sweet green tea. A harmonious balance of ginger, ginseng and pineapple blended with Sencha green tea.

HERBAL TEA

CHAMOMILE £2.50

Whole chamomile flowers are delicately hand picked to produce a honey-golden, delicate, floral cup.

WHOLE PEPPERMINT £2.50

Quite possibly the best peppermint tea in the world. Whole peppermint leaves create an incredibly fresh, purifying cup.

FRUIT TEA

APPLE LOVES MINT £2.50

A combination of sweet, tart apple, minty freshness and aromatic baby rose buds create a light, delight for the senses.

DIGESTIF (25ml)

- TIA MARIA £3.90
- JACK DANIELS £3.90
- BAILEYS £3.90
- COINTREAU £3.90
- DRAMBUIE £3.90
- AMARETTO £3.90
- GRAND MARNIER £3.90
- CALVADOS £4.50
- TEQUILA REPOSADO £3.90

DESSERT WINE

SAUTERNES

£4.25 (50ml) £26.95 (Bottle)

The flavours unveil themselves gradually one after the other.

On the palate, the wine is well balanced between sweetness and freshness.

It is an excellent rich flavoured wine.

Grape: Bordeaux and Muscadelle

(Semillon, Sauvignon and Muscadelle, France)

Food Match: Foie Gras, Blue Cheeses, White and Dark Chocolate

RUM (25ml)

- BACARDI £3.90
- MORGAN'S SPICED £3.95
- KRAKEN BLACK SPICED £4.25

COGNAC & ARMAGNAC (25ml)

- MARTEL £4.10
- GODET GASTRONOME 14 YR £6.20
- GODET PEARADISE £4.70
- ARMAGNAC £4.70

WHISKY (25ml)

- FAMOUS GROUSE £3.90
- MACALLAN GOLD £4.50
- GLENMORANGIE £4.50
- TALISKER £4.50
- OBAN 14 YEARS £5.90

GIN (25ml)

- BOMBAY £3.95
- HENDRICKS £4.10
- TANQUERAY £4.30
- EDEN MILL LOVE GIN £4.40

VODKA (25ml)

- ABSOLUT £4.00
- BELVEDERE £4.50

THANK YOU

We are delighted to welcome you to Cafe Tabou and we thank you for your custom.

We cook our extensive menu selection in a traditional French manner and are renowned for our excellent choice of beef and seafood dishes.

We buy and cook using the finest Scottish produce and our fantastic team are focussed on ensuring that your dining experience with us is a memorable one.

We hope that you enjoy your visit to Cafe Tabou and visit us again soon.

Marek & Magda Michalak

- 1) Beef - Aberdeen and Angus Farms - Yorkes of Dundee
- 2) Lamb - Forfar and Inverurie - Yorkes of Dundee
- 3) Pork - Hatton Farm, Arbroath - Yorkes of Dundee
- 4) Chicken - Gartmore Farm, Alloa - Ochil Foods
- 5) Langoustines - Kyle - Ali Morrison
- 6) Crabs - Dunvegan - Willie Mackinnon
- 7) Mussels - Brae, Shetland
- 8) Stornoway Black Pudding
- 9) Arbroath Smokies - Angus
- 10) Hebridean Sea Salt - Isle of Lewis - Natalie Crayton
- 11) Mark Bush - Summer Harvest Rapeseed Oil - Perthshire
- 12) Arran Ice Cream - Isle of Arran
- 13) Cream, Milk and Butter - D & D Dairies - Crieff

