

# 101 MEADE

## ALL OUR COFFEE IS ROASTED BY SPECIALISTS LOCALLY BASED

#### ANDRE'S "ROOT BLEND"

"A Strong full bodied coffee with a sweetness that lingers Perfect for Americanos & Espressos"

Americano	18   Large 22
Single Espresso	16   Double 22
Cappuccino	20   Large 24
Latte	24
Macchiato	22
Regular Filter Coffee	16   Refill 6
Large Filter Coffee	18   Refill 8

#### Hot Drinks

Melted Dark Chocolate or White Chocolate			28
Horlicks, Milo			24
Breakfast Tea, Earl Grey, Green Tea, Rooibos T	Tea	Э	16
Chai Latte			24
Red Cappuccino 2	20	Large	24
Red Espresso	6	Double	20
Red Latte			24
Red Mocha & White Chocolate			30
Rooibos & Chai			18
Red Chai Latte			24
Vanilla Rooibos, Lemongrass Rooibos, Rooibos Ginger			18

### Breakfast Drinks

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SMOOTHIES	
Fresh Berry & Mint	36
Oatmeal, Banana & Honey	36
Fresh Orange, Carrot, Apple & Ginger	36
FRESH FRUIT JUICES	
Orange, Cranberry, 5 Fruits, Pineapple & Carrot,	18
Mango, Guava	00
Homemade Lemonade & Fresh Mint	20

Monday to Friday: 7am to 9:30pm

# Our Breads are baked daily using no preservatives and only the finest stoneground flour.

Small loaf - R20 Medium loaf - R25 Large loaf - R30

### Pastries & Breads

## Light & Fresh

Greek Yogurt, Toasted Nuts, Dried Fruit & Honey
Granola, Vanilla Yoghurt & Berry Compote
Fresh Fruit Salad & Greek Yogurt
Strawberry & Banana Pancakes, Greek Yogurt & Honey
Cinnamon & Sugar Pancakes with Fresh Whipped Cream & Lemon
Oatmeal Porridge, Roasted Nuts, Berry Compote & Honey
Boiled Eggs, Artisan Toasted Bread & Cheese
Bacon & Fried Egg Muffin

## Scrambled & Poached Eggs \*All served with Artisan Toasted Bread Scrambled Eggs & Bacon 42

Scrambled Eggs & Bacon
Scrambled Eggs, Cherry Tomatoes, Mushrooms
Scrambled Eggs, Bacon, Cherry Tomatoes, Mushrooms
Scrambled Eggs, Smoked Salmon, Fresh Tomato, Capers & Crème Fraiche
Poached Eggs, Creamed Spinach & Feta
Poached Eggs & Tomato Smoor
Poached Eggs, Portabelli Mushrooms, Baby Spinach & Hollandaise Sauce

### Filled Fresh Croissants

Scrambled Eggs & Bacon	46
Scrambled Eggs, Mushrooms & Cherry Tomatoes	56
Scrambled Eggs, Bacon, Mushrooms & Cherry Tomatoes	68
Sweet Melon, Parma Ham, Cream Cheese & Rocket	60
Scrambled Eggs, Smoked Salmon, Cream Cheese & Rocket	86
Bacon, Caramelized Banana, Toasted Nuts & Crème Fraiche	58

## Banting Breakfast Menu

Banting Artisan Toast Board with Grated Mozarella	3
Fried Eggs, Grilled Bacon & Avocado on Sweet Potato Rosti	6
Smoked Trout, Roast Cherry Tomatoes, Cream Cheese Open Omlette with Rocket	8
Fried Eggs, Chorizo, Cherry Tomatoes, Kale on Mushrooms with Karoo Pecorino Goat Cheese	7:
Smoked Haddock, Poached Egg, Baby Spinach & Hollandaise Sauce with Banting Toasted Bread	8

Mixed Berry Smoothie with Double Cream Yogurt & Toasted Almonds

## French Toast Specials

"Mielie Pap" Caramelized Bacon & Banana, Maple Syrup

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Cinnamon Artisan Toast, Berry Compote, Y Fresh Mint & Honey	Vanilla Yogurt,	6
Artisan Toast, Bacon, Caramelized Banana Crème Fraiche & Maple Syrup	a, Toasted Nuts,	7.
Artisan Toast, Bacon, Avocado, Rocket, To Cheese	mato & Grated Cheddar	7/

### Omelettes

28 32

34

52

50

38

36 38

49

90

58 48

62

Cheddar Cheese & Roast Cherry Tomatoes	7
Grilled Mushrooms, Roast Cherry Tomatoes & Rocket	7
Cheddar Cheese, Roast Tomato & Grilled Bacon	7
Cheddar Cheese & Savoury Mince	7
Smoked Salmon, Roast Tomato, Capers, Rocket & Crème Fraiche	8

### Our Classics

Pap, Boerewors, Bacon, Tomato Smoor & Fried Eggs	78
Savoury Mince, Fried Eggs & Vetkoek	58
Spicy Chicken Livers with Toast & Fried Eggs	72
"Eggs Benedict" Toasted English Muffin, Gypsy Ham, Baby Spinach & Hollandaise Sauce	76
"Eggs Royale" Toasted English Muffin, Smoked Salmon, Baby Spinach & Hollandaise Sauce	84

#### **BIG BREAKFAST**

Boerewors or Pork Sausages,	Fried Eggs,	Bacon,	Mushrooms, Tomato,	8
Chins & Toast				

### Extras

ide eggs (poached, scrambled or fried)	15
Aushrooms, Roast Tomato, Baked Beans, Fat Chips	20
Boerewors, Bacon, Pork Sausages	26