

Salads

- Crispy Bacon, Blue Cheese, Avocado, Cucumber & Cherry Tomatoes with Toasted Pecan Nuts
- Grilled Cajun Chicken Cesar Salad, Cherry Tomatoes, Croutons, Parmesan & Anchovy Dressing
- Broccoli Salad with Avocado, Fried Halloumi, Green Beans, Almonds & Ranch Dressing
- Warm Seasonal Vegetable, Beetroot Salad with Baby Spinach, Feta & Pecan Nuts
- Pan Fried Fishcakes, Crushed New Potato, Avocado & Herb Salad with Wasabi Mayo
- Strawberry, Biltong, Feta, Apple & Herb Leaf Salad with Balsamic Dressing

Sandwiches

- Toasted Chicken Mayo & Avocado Sandwich with Chips
- Toasted Mushroom, Cheddar Cheese & Mozzarella Sandwich with Chips
- Smoked “Red Barn Chicken”, Bacon, Lettuce, Tomato & Tangy Mayo open Sandwich
- Beef Pastrami, Avocado, Gherkins & Tomato Open Sandwich with Horseradish Dressing
- Marinated Peppers, Aubergine & Red Onion, Rocket & Cream Cheese Open Sandwich
- Gypsy Ham, Feta, Rocket Croissant with Chips
- Smoked Salmon, Capers, Rocket, Cream Cheese Croissant with Chips
- Camembert, Bacon, Avocado & Tomato Open Sandwich with Sweet Mayo Dressing

Sweets & Cakes

- Chocolate Brownie & Vanilla Ice Cream
- Roast Apple & Cinnamon Crumble with Fresh Cream
- Vanilla Crème Brulee
- 101’s Lemon Baked Cheesecake
- Rich Moist Chocolate Cake
- Walnut Truffle Cake
- Carrot & Pecan Nut Cake
- Classic Mozart Gateau Cake
- Red Velvet Cake
- Fresh Scone with Preserves & Cream

- Gourmet Burgers – served with Chips or Salad

We can Substitute our Burger Buns for Toasted Banting Bread

Bacon, Caramelized Onion, Cheese, Gherkin BBQ Beef Burger88

Springbok & Garlic Mushroom Burger88

Fresh Chilli, Blue Cheese, Avocado & Red Onion Beef Burger92

Chilli & Melted Mozzarella, Red Onion Beef Burger86

Grilled African Spiced Chicken, Bacon & Avocado Burger90

Fried Halloumi, Tomato, Mushroom & Basil Pesto Burger78 (with Beef burger - R94)

Soups

- *Served with Artisan Toasted Bread*
- Chakalaka Soup with Boerewors Balls54
- Creamy Butternut Soup with Crème Fraiche46
- Pea & Ham Hock Soup48

Pasta Dishes

- Exotic Creamy Mushroom Risotto with Parmesan88
- Spaghetti Bolognaise with Portabellini Mushrooms76
- Creamy Penne Pasta, Gypsy Ham, Baby Marrow & Roasted Cherry Tomatoes86
- Classic Puttanesca Penne Pasta, Spicy Tomato Sauce, Capers, Olives, Anchovies & Basil82

Wine

WHITE WINES

- 45 Alexanderfontein "Boutonniere" Chenin Blanc/Sauv Blanc Darling (2014)24 | 66 | 96
- 42 Pierre Jordan Tranquille Chardonnay/Pinot Noir Franschhoek (2015)33 | 90 | 134
- 40 Karusa Litchi Bomb "Muscadel Blanc" Oudtshoorn (2014)33 | 90 | 134
- 38 Diemersdal Estate, Sauvignon Blanc Durbanville (2015)34 | 90 | 136
- 38 Stellenrust Estate, Chenin Blanc Bottelary Hills Stellenbosh (2014)28 | 74 | 110

ROSE WINES

- 34 Jakkelsvlei "La Perle" Mosselbaai (2015)28 | 78 | 116
- 7even Rose Zevenwacht Estate, Stellenbosch (2014)30 | 80 | 120

Banting Menu - low Carb Dishes

- Pan Fried Peri Peri Chicken Livers with Crushed Root Vegetable Mash78
- Grilled 250g Rump Steak with Garlic Herb Butter & Sweet Potato Crisps125
- Grilled “Lancashire” Pork Sausages, Sweet Potato Mash & Onion Gravy86
- Grilled Braai Mushroom Beef Burger with Grated Mozzarella, Bacon with Herb Leaf Salad90
- Chicken Tikka Marsala, Spicy Cauliflower Curry Rice with Tomato & Cucumber Yogurt Sambal94
- Grilled Pork Chops with Sautéed Vegetables & Apple Sauce92
- Lamb Mince Shepard’s Pie with Cauliflower Mash & Pan Fried Cashew Nut Broccoli88
- Grilled Line Fish, Buttered Greens with Creamy Dijon Mustard, Bacon & Cherry Tomato Sauce108
- Grilled Chicken Breast, Sautéed Vegetables & Mushroom Sauce88

Curries

- Chicken Balti Curry88
- Traditional Indonesian Beef Rendang98
- *Served with Basmati Lemon Scented Rice, Poppadum’s, Fruit Chutney & Sambals*

Sides

- Sautéed Vegetables30
- Mixed Leaf House Salad25
- Fat Chips20
- Mushroom Sauce25
- Green Peppercorn & Brandy Sauce25

RED WINES

- Bonnievale Estate, Cabernet Sauvignon / Shiraz Kapteinsdrift (2013)28 | 76 | 110
- Karusa "Warm Climate" Grenache / Noir / Shiraz / Mourvedre Oudtshoorn (2013)34 | 90 | 135
- Louisvale Stone Road, Cabernet Sauvignon, Devon Valley, Stellenbosch (2013)25 | 66 | 98
- Beyerskloof, Pinotage, Stellenbosch (2013)35 | 96 | 140
- Anthonij Rupert Protea, Merlot, Franschhoek (2014)32 | 88 | 128

We have a selected range of Hand Crafted Beers & Ciders to enjoy
Please ask for details