

Please let your waiter know if you would like any of our **V** vegetarian dishes made vegan instead.

VG Not possible to be made as a vegan alternative

Antipasto

Mixed Pane e Olive **V** £4.25
Thick home made focaccia and Italian bread slices served with the best kalamata black olives and nocellara green olives, served with balsamic and extra virgin olive oil dip.

Crostini, Bruschetta, Pane & Suppa

Pane **V** £1.85
Focaccia, Italian bread sliced served with extra virgin olive oil and balsamic vinegar.

Pane di Aglio **V** £2.95
Garlic bread toasted like mamma used to make.

Pizzette focaccia **V** £3.85
Pizza base brushed with olive oil, garlic and rosemary and pesto with a tomato sugo dip.

Minestrone **V** £3.85
Fresh vegetables in a traditional Italian soup.

Bruschetta **V** £2.95
Toasted Italian homemade bread drizzled with garlic, olive oil, fresh basil and topped with tomatoes.

Bruschetta Peperonata **V** £3.25
Toasted Italian homemade bread, topped with roasted mixed peppers infused in olive oil and garlic.

Italian Baked Eggs

The Vegetariana **V** £8.75
2 eggs oven baked in our casserole of roasted Mediterranean vegetables, borlotti beans, onion, touch of chilli, pesto and cooked in a rich tomato sauce. Served in frying pan with crusty garlic bread.

Pizzette

5" SMALL NEAPOLITAN PIZZA COOKED IN OUR 'MAM' HANDMADE WOOD BURNING PIZZA OVEN WITH WOODEN LOGS

Margherita **V** £3.75
A thin base pizza topped with tomato and mozzarella cheese.

Al Monte **V VG** £4.95
A thin base pizza with basil pesto, goats cheese, courgette and Parmesan shavings.

All Rosso **V** £4.95
Pizza base with red pesto, red onion and cherry tomato with mozzarella cheese.

Verdure **V** £4.95
San Marzano sugo topped with roasted peppers, courgettes, aubergine and jalapeños, sprinkled with mozzarella cheese.

Speciality Pizzas

12" WOOD FLAMED THIN CRUST ITALIAN PIZZAS, MADE WITH SAN MARZANO TOMATO SAUCE AND BURRATA IMPORTED MOZZARELLA CHEESE. "THE BEST MOZZARELLA CHEESE YOU WILL EVER TRY!"

Pizza Margherita **V** £10.95
With Burrata cheese, fresh basil leaves, San Marzano tomato sauce, and drizzled with extra virgin olive oil.

Pizza Formaggio **V VG** £12.95
With Burrata, mascarpone, gorgonzola and Scottish cheese, finished with a sprinkle of Parmesan.

Verdure & Insalate

Polenta Chips with Parmesan **V VG** £3.45
Crispy polenta chips fried and sprinkled with fine flakes of Parmesan.

Burrata Hand Tied Mozzarella **V VG** £7.95
Delivered from Italy every week directly to La Vita. Hand made mozzarella basket hand tied, with a soft cream released when cut open. Served with sliced cherry tomatoes and dressed with extra virgin olive oil, fresh basil, lemon zest and balsamic.

Asparagi Alla Griglia **V** £3.95
Grilled asparagus sprinkled with sweet balsamic and Parmesan shavings.

Spezzatino Con Olive e Peperoni **V** £3.95
Italian stew with mixed peppers and olives in a basil tomato sugo.

Carciofi Alla Genovese **V** £4.65
Artichoke served with pine nuts and thick pesto dressed with Parmesan shavings.

Melenzane e Zucchine Parmigiana **V VG** £4.95
Aubergine and courgette layered with mozzarella, tomato and grated Parmesan oven roasted.

Mozzarella Fritta **V VG** £4.25
Fresh Fiori di Latte mozzarella direct from Italy coated with Panko breadcrumbs, served with spicy arrabiata dip.

Pacco Ripena **V** £5.25
Stuffed thin focaccia bread with sautéed spinach and mozzarella cheese brushed with extra virgin olive oil and fresh rosemary with Parmesan crust, oven baked and served with Napoli dip.

Rugola e Parmigiano **V** £3.95
Rocket salad marinated with olive oil and chilli topped with Parmesan shavings and balsamic.

Patate Arrosto **V** £3.25
Roast potatoes with herbs tossed in a garlic Napoli sauce.

Arancini Formaggio **V VG** £4.25
Deep fried balls of risotto rice and Napoli sauce stuffed with mozzarella cheese coated in breadcrumbs served with dip.

Insalata Miste **V** £3.25
Italian mixed salad with our own house dressing.

French Fries **V** £3.25
Thin cut potato chips deep fried in vegetable oil.

Croquettes Italiano **V VG** £3.45
Home made potato croquettes with cheese from Italy served with a spicy tomato dip. Truly fantastic!

Pasta & Riso

A BOWL OF PASTA PLACED IN THE MIDDLE OF THE TABLE

Fusilli Rosso **V** £10.95
Red pesto and mascarpone cheese sauce served with rocket and fresh Parmesan cheese mixed with twisty De Cecco pasta.

Pennette Arrabbiata **V** £9.95
A hot and spicy tomato sauce, cooked with chillies and fresh basil leaves.

Pennette Formaggio e Basilico **V VG** £11.25
Penne pasta tossed in frying pan with a Italian cheese sauce topped with a spray of pesto on top.

Spaghetti Abruzzo **V** £10.95
Long thin pasta tossed with fresh cherry tomatoes, garlic, extra virgin olive oil and butter with plenty of chilli flakes and finished with peppery rocket (a spicy hot pasta).



La Vita
Spuntini