

MENU GUIDE

[V]	Vegetarian
[GF]	Gluten Free
[PF]	Paleo Friendly
[SF]	Superfood
[SS]	Saba Slim – Under 250 cal
[SL]	Saba Light – Under 400 cal

*	Mild
**	Medium
***	Spicy
****	Very Spicy
*****	Extra Spicy

Rice is served with Saba dishes, woks and curries, but is not included in the calorie count.

If you have any special dietary requirements please inform your waiter.

All our beef, pork and chicken are Irish.

All our dishes are dairy free, except for our Mango & Lime Mayonnaise dip and our desserts.

A discretionary gratuity of 12.5% will be added for parties of six or over.

For more allergen information on our dishes please refer to our allergen list at reception.

Tangy Tempura Pak [V] €7.50
Tempura vegetables served with a mustard lime mayonnaise

Por Pia Thod [V] €6.95
Crispy vegetable spring rolls with wood ear mushrooms and served with plum sauce

Hoisin Duck Rolls
Aromatic confit of duck wrapped in pancakes with julienne of leek, cucumber and hoisin sauce
(served at room temperature)
2 Pieces [SS] €5.95
4 Pieces [SL] €10.95

Prawn Summer Rolls
[GF] [SF] [SS] €7.95
With tiger prawns, vermicelli noodles, green papaya, bean sprouts, carrot, mint and Thai sweet basil

Sun Dried Pork [SS]** €8.50
Deep fried marinated pork with palm sugar, soy and white sesame seeds. Served with hot chilli sauce

SABA DISHES

These are signature main course dishes created by our Executive Chef, Taweesak Trakoolwattana

Pan Fried Sea Bass with Thai Herbs* [SF] [SL]** €15.95
Pan fried seabass fillet with Thai herbs ginger, lemongrass, lime, shallots, kaffir lime leaf, mint, cashew nuts, birds eye chilli and chilli paste in an oil lime dressing

Chargrilled Pork with Vietnamese Kim Chi** €14.95
Chargrilled pork served with kimchi and a tamarind dipping sauce

APPETISERS

Prawn Crackers €2.95
With a peanut satay & sweet chilli sauce

Sea Salt Chilli Squid [SF]** €8.50
With chilli, sea salt, spring onions and a sweet chilli sauce

Prawn Pomelo Mieng Kam*
[GF] [SS] €7.95
Steamed tiger prawns with shredded roasted coconut, ginger, shallots, lime, and birds eye chillis with tamarind shrimp paste and a palm sugar sauce

Sticky Saba Chicken Wings*
[GF] €7.95
With a soy sauce, honey and sesame glaze served with a tamarind dip

SALADS

Gingergrass Salad*
[V] [GF] [SS] [SF] €12.95
Ruby chard, mizuna, mint, beansprouts, ginger, lemongrass, butternut squash, red wine vinegar dressing and roasted pumpkin seeds

Clare Island Organic Salmon***
[GF] €14.50
With string beans, snow peas, sweet potato, baby mixed leaves, served with a mint, lemongrass and chilli dressing

Grilled Red Chicken Salad***
[GF] [SL] €13.95
Chicken marinated in red curry paste and served with onion, spring onions, shredded carrots, birds eye chillis, peanuts, iceberg lettuce and a tangy dressing

CURRIES

All curries served with a Thai jasmine steamed rice.

Massaman Chicken* [GF] €13.50
With potatoes, onions, peanuts and crispy shallots

Green Chicken*** [GF] [SF] €13.50
With pea aubergine, bamboo shoots, string beans, peppers, chillis and sweet basil

Gaeng Karee Fuktong*
[V] [GF] [SL] €12.95
Aromatic yellow curry with butternut squash, sweet potatoes, onions and potatoes

Gaeng Pet Nua*** [GF] [SL] €13.95
Red beef curry with pea aubergine and sweet basil

NOODLES

Phad Thai* [SF] [GF] €12.50
Rice noodles with peanuts, egg, beansprouts and lime with chicken and prawns

Phad Thai Jay* [V] [SF] €11.50
Rice noodles with tofu, vegetables, peanuts, egg, beansprouts and lime

Saigon* €12.50
Vermicelli noodles with prawns, pork, egg, carrots, beansprouts and spring onions Vietnamese style

Bangkok**** [SF] [SL] €12.95
Rice noodles with beef, onions, peppers, chillis, spring onions and sweet basil

WOK

All wok dishes are served with a Thai jasmine steamed rice. Choose your favourite style:

Xao Hao Lo (Sao-Hua-Ler) [SL]
With asparagus, oyster mushrooms, babycorn, snow peas and cashew nuts

Phad Khing* [SL]
With ginger, shitake mushrooms, spring onions, babycorn and peppers

Phad Prik Sod*** [SF] [SL]
With chillis, onions, peppers, mushrooms and sweet basil

Boom!!!**** [SF] [SL]
Fiery stir-fry with red curry paste, birds eye chillis, string beans, fresh peppercorn and galangal root

Sweet & Sour
With cucumber, onion, cherry tomatoes, pineapple and spring onions

Now choose from the following:

Chicken €13.50
Beef Fillet €13.95
Tiger Prawns €13.95
Vegetables & Tofu €12.95

NOODLE SOUP

Pho Bò [SF] [SS] €13.50
Rice noodle soup with beef and sweet basil served with bean sprouts, basil and condiments

PALEO

Caveman Chicken** €12.95
[PF] [SF] [SL]
Butternut squash, sweet potato, bok choy, carrot, broccoli, peppers, Chinese leaves, mushrooms and lime in a red curry sauce
[Rice not included]

SIDES

Phad Fuktong [V] [SF] [SL] €5.50
Stir-fried butternut squash with cashew nuts, spring onions and egg

Broccoli and Baby Bok Choy [V] [SS] €5.50
Stir-fried greens with a garlic and soy sauce

Saba Brown & Red Rice [SL] €2.95

Steamed Jasmine Rice [SL] €2.50

Fried Egg Noodles with Beansprouts & Carrot [SL] €4.95