

SNACKS

Marinated Mixed Olives	£2.95
Salted Marcona Almonds	£2.95
Wasabi Peas	£1.95
Sourdough Toast & Black Olive Tapenade	£1.95
Award Winning Aspall Pickled Egg	£0.75

STARTERS

Today's Soup - £5.75

Smoked Fish Trio: Smoked Prawns, Smoked Mackerel Pate & House Smoked Salmon with Mustard Dill Sauce £7.95

Seared Local Pigeon Breast, Roasted Butternut Squash, Beetroot, Wilted Spinach and Bacon Lardons with Balsamic £7.25

House Smoked Chicken Breast, Carrot, Green Beans, Red Onions & Mango with Crushed Nuts & Asian Flavours £6.95

Oak Smoked Peel & Eat Prawns with Mayonnaise £6.95

House Terrine, Home Made Chutney & Toast £7.95

Twice Baked Blue Cheese Souffle, Pickled Pear, Spiced Walnuts & Mixed Leaves £7.95

Upcoming Events

Join us for
'Moules Madness'
every Thursday evening!
Mussels, Fries and a drink
£10.95

OYSTER BAR

Mersea Rock Oysters
Three – £7.30 Six – £14.50 Dozen – £28.80

Hot Mersea Rock Oysters:
Rockefeller baked with Spinach, Pernod & Sourdough Crumbs
Three – £7.50 Six – £15.00 Dozen – £30.00

or

Aspall Cyder Battered with Homemade Tartare Sauce
Three – £7.50 Six – £15.00 Dozen – £30.00

Steamed Scottish Mussels with either:
wine, garlic & herbs

or

coconut, lemongrass ginger and coriander

Medium £7.95 or large with hand cut skin on fries £13.95

Chargrilled Dayboat Squid 'a la plancha', chilli, garlic,
lemon oil & herbs

Medium £7.95 or large with hand cut skin on fries £14.50

Dinner



THE MISTLEY
THORN
RESTAURANT & ROOMS

MAIN COURSES

Cioppino a 'Cal-Ital' Seafood Stew, tomatoes, local fresh fish, shellfish, local new potatoes & crostini £14.95

Adnams Beer Battered Local Haddock Fillet served with Home Made Tartare Sauce, Mushy Peas & Hand-Cut Skin on Fries £13.95

Please see our Specials Menu
for today's fresh fish and other dishes

Chargrilled Suffolk Red Poll Beef
(from Kevin Stannard) hand cut skin on fries,
Tempura Onion rings, roast Tomato & field Mushroom

10oz Rib Eye Steak - £20.95

10oz Skirt Steak - £15.95

With choice of fresh horseradish cream or garlic butter

Seared Duck Breast, Port & Orange Sauce, Red Cabbage & Parsnip & Potato Pancake £16.95

Homemade Potato Gnocchi with Spinach, Hazelnut Pesto & Pinenuts £7.45 /or large with mixed leaves £11.95

Sides - all £3.10

- Local Mixed Leaves
- Hand Cut Local Skin on Fries,
- Buttered New Potatoes
- Today's Local Vegetables
- Tempura Onion Rings

Prices include VAT at 20% - Gratuities at your discretion, all gratuities go to our team. A discretionary 10% service may be added to parties of 8 or more.

Ask any member of staff and they will be happy to discuss any information about food allergens with you.