

## SNACKS

Marinated Mixed Olives	£2.95
Salted Marcona Almonds	£2.95
Wasabi Peas	£2.25
Sourdough Toast & Black Olive Tapenade	£1.95
Award Winning Aspall Pickled Egg	£0.75

## STARTERS

Today's Soup - £5.75

Smoked Fish Trio, Smoked Prawns, Smoked Mackerel Pate & House Smoked Salmon with Mustard Dill Sauce £8.95

Seared Local Pigeon Breast, Roasted Butternut Squash, Beetroot, Wilted Spinach and Bacon Lardons with Balsamic £7.95

House Smoked Chicken Breast, Carrot, Green Beans, Red Onions & Mango with Crushed Nuts & Asian Flavours £6.95

Oak Smoked Peel & Eat Prawns with Mayonnaise £6.95

House Terrine, Home Made Chutney & Toast £7.95

Twice Baked Blue Cheese Souffle, Pickled Pear, Toasted Walnuts & Mixed Leaves £7.95

### Upcoming Events

Join us for  
'Moules Madness'  
every Thursday evening!  
Mussels, Fries and a drink  
£10.95

## OYSTER BAR

Mersea Rock Oysters  
Three – £7.20 Six – £14.50 Dozen – £28.80

Hot Mersea Rock Oysters:  
Rockefeller baked with Spinach, Pernod & Sourdough Crumbs

or

Aspall Cyder Battered with Homemade Tartare Sauce  
Three – £7.50 Six – £15.00 Dozen – £30.00

Steamed Scottish Mussels with either:  
wine, garlic & herbs

or

coconut, lemongrass ginger and coriander

Medium £7.95 Main Size with Hand Cut Skin on Fries- £13.95

Chargrilled Dayboat Squid 'a la plancha', chilli, garlic,  
lemon oil & herbs  
Medium £7.95 or Main with Hand Cut Skin on Fries £14.95

## Saturday Dinner



THE MISTLEY  
**THORN**  
RESTAURANT & ROOMS

## MAIN COURSES

Cioppino a 'Cal-Ital' Seafood Stew, Tomatoes, local fresh Fish, Shellfish, local new Potatoes & crostini £14.95

Please see our Specials Menu  
for today's fresh fish and other dishes

Chargrilled Suffolk Red Poll Beef  
(from Kevin Stannard) hand cut skin on fries,  
Tempura Onion rings, roast Tomato & field Mushroom

10oz Rib Eye Steak - £20.95

10oz Skirt Steak - £15.95

*With choice of fresh horseradish cream or garlic butter*

Seared Duck Breast, Potato Cake, Red Cabbage with an Orange & Red Wine Sauce £16.95

Homemade Potato Gnocchi with Spinach, Hazelnut Pesto & Pinenuts £7.45/ or large with mixed leaves £11.95

Sides - all £3.10

- Local Mixed Leaves
- Hand Cut Local Skin on Fries,
- Buttered New Potatoes
- Today's Local Vegetables
- Tempura Onion Rings

*Prices include VAT at 20% - Gratuities at your discretion, all gratuities go to our team. A discretionary 10% service may be added to parties of 8 or more.*

*Ask any member of staff and they will be happy to discuss any information about food allergens with you.*