



## PRE STARTERS

**MARINATED OLIVES (V) £3.95**

**WARM ARTISAN BREADS (V) £4.50**

*Olive Oil, Aged Balsamic*

## STARTERS

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**SOUP OF THE DAY, SOUR DOUGH (V) / (GF) £5.50**

**PERL LAS, PEAR & WALNUT, ENDIVE SALAD (V / (GF) £6.00**

**CHICKEN LIVER PARFAIT, CHUTNEY, TOASTED BRIOCH £6.50**

**HAM HOCK AND PARSLEY TERRINE, PICCALILLI, GRILLED CIABATTA £7.00**

**BURRY INLET MUSSELS, SAUTÉED CHORIZO & CIDER (GF) £8.00**

**PAN FRIED BRIXHAM SCALLOPS, CAULIFLOWER PUREE, BLACK PUDDING, £9.00  
CURRY OIL (GF)**

## SMALL OR LARGE

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**SMALL**

**LARGE**

**ROAST BUTTERNUT SQUASH & SAGE RISOTTO (V) (GF)**

**£7.00**

**£13.00**

**SPINACH & RICOTTA TORTELLINI, SUNDRIED TOMATO, BLACK OLIVE & SPINACH (V)**

**£8.00**

**£14.00**

**GARLIC, CHILL, & CORIANDER TIGER PRAWNS, GARLIC AIOLI, LIME (GF) SMALL**

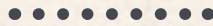
**£9.00**

**£17.00**





## STOVE



**RED ONION TARTE TARTIN, 'PANTYSGAWN' CHEESE & WILD ROCKET (V) €15.00**

**CONFIT PORK BELLY (GF) €16.50**

*Bubble & Squeak, Apple Sauce, Crackling, Cider Jus*

**PAN ROASTED CHICKEN BREAST (GF) €17.50**

*Creamed Potatoes, Spinach, Wild Mushroom Jus*

**CATCH OF THE DAY €MARKET PRICE**

**PLEASE ASK YOUR WAITER FOR DETAILS**

**PAN FRIED SEA BASS FILLETS (GF) €19.00**

*Saffron Fondant, Chorizo and Cannellini Bean Cassoulet*

**ROSEMARY MARINATED LAMB RUMP (GF) €21.00**

*Dauphinoise Potatoes, Fine Green Beans, Red Wine Jus*

## GRILL



*All our meat is locally sourced from Pembrokeshire, matured on the bone for 21 days*

**SPATCHCOCK CHICKEN (GF) €21.50**

**80Z SIRLOIN STEAK (GF) €23.00**

**100Z RIB EYE STEAK (GF) €25.00**

*All of the above are Served with Grilled Plum Tomato, Portabella Mushroom & Fat Chips*

### SIDES

**ALL SIDES €3.50**

**HAND CUT FAT CHIPS**

**SKINNY CHIPS**

**SAUTÉED LEAF SPINACH**

**MIXED SALAD**

**SEASONAL VEGETABLES**

**ROCKET & PARMESAN**

### SAUCES

**ALL SAUCES €2.00**

**BÉARNAISE**

**GREEN PEPPERCORN**

**GARLIC BUTTER**

**GARLIC AIOLI**

Some of our dishes may contain Nuts, Gluten or Dairy Products.  
Please advise your server if you have any allergies or require information on ingredients used in our dishes.

If you have any special dietary requirements, please discuss with a member of the team.