

## STARTERS

<b>CHINESE PRAWN CRACKERS</b>	3.10	<b>CHICKEN SATAY</b>	4.95
<b>EDAMAME v♥</b>	4.10	<b>WONTON SOUP</b>	4.75
<b>SPICY EDAMAME v♥</b>	4.35	<b>SALT AND PEPPER PRAWNS</b>	5.20
<b>MISO SOUP ♥</b>	2.95	<b>FIVE SPICED SQUID</b>	5.65
<b>VEGETABLE GYOZA v♥</b>	4.95	<b>DUCK SPRING ROLLS</b>	4.90
<b>CHICKEN GYOZA ♥</b>	5.10	<b>VEGETABLE SPRING ROLLS v</b>	4.80
<b>FRIED PULLED PORK GYOZA d</b>	5.95	<b>dim t SHARING PLATTER</b>	11.95
<b>SESAME PRAWN TOAST</b>	4.95	vegetable spring rolls, chicken gyoza, five spiced squid, salt and pepper prawns, edamame and ribs with 3 dipping sauces	
<b>SESAME CHICKEN TOAST d</b>	4.95		

## HANDMADE STEAMED DIM SUM each basket 3.80

FISH ♥	VEGETABLE ♥	MEAT ♥	BUNS	
Prawn	Mixed vegetables v	Chicken, wasabi & mushroom	Roasted pork	3.95
Spicy prawn	Spicy vegetables v	Chicken, cashew nuts & coriander		
Prawn & chive	Spinach v	Spicy chicken		
Prawn, peanut & coriander		Beef & chive		
Scallop & prawn		Spicy beef		
Sea bass & miso		Minced pork & prawn		

## NOODLE BAR

<b>SUPERFOOD STIR-FRY ♥</b>	Chicken or Tofu v	7.95
The healthy no carb option* with butternut squash, broccoli, carrot, Chinese leaf, sugar snaps, pak choi, courgettes and spinach in a light teriyaki sauce	Prawn	8.45
Add noodles of your choice for a carb option d	Steak or Salmon**	9.95
<b>YAKI SOBA ♥</b>	Chicken or Tofu v	7.95
Soba noodles with shitake mushrooms, Chinese leaf, carrots, green peppers and onions in a soy, mirin and sake sauce, crispy shallots and black and white sesame seeds and pickled ginger	Prawn	8.45
	Steak or Salmon**	9.95
<b>TERIYAKI</b>	Tofu v	7.95
Udon noodles with oyster mushrooms, pak choi, red and yellow peppers, carrots, spinach and sugar snaps stir-fried in a teriyaki sauce	Chicken	8.25
	Steak or Salmon**	9.95
<b>SINGAPORE FRIED NOODLES</b>		8.95
Chicken and shrimp spicy noodle stir-fry with vegetables and egg		
<b>PHAD THAI</b>	Chicken or Tofu	8.75
Thai rice noodles, sweet tamarind sauce with crushed peanuts, egg and bean sprouts	Prawn	8.95
<b>SWEET COCONUT</b>	Tofu v	7.95
Japanese rice noodles* with lemongrass, roasted coconut, peppers, carrots, bean sprouts, red onions and green beans stir-fried in a spicy Thai sauce	Chicken	8.25
	Prawn	8.45
<b>NASI GORENG</b>		8.35
Wok fried egg rice with tiger prawns, chicken, green beans, carrots, red onions, garlic and chilli in a spicy Malaysian sauce		
<b>JAPANESE FRIED RICE</b>	Tofu v	7.95
Wok fried egg rice with pak choi, sugar snaps, carrots, spinach, oyster mushrooms, bean sprouts, red and yellow peppers and teriyaki sauce	Chicken	8.25
	Prawn	8.65
	Steak	9.95

## SOUP NOODLE we offer half portions on all soups

<b>GYOZA NOODLE SOUP ♥</b>	Chicken gyoza	7.95
Egg noodles* with bean sprouts, chilli, carrot, spinach, fresh mint and coriander in a vegetable broth	Vegetable gyoza v	7.95
<b>SEAFOOD LAKSA</b>		8.95
Vermicelli noodles with prawns, squid, pak choi and bean sprouts in a medium hot coconut curry flavoured broth		
<b>WONTON MEE</b>		8.25
Egg noodles* with pork and prawn wontons, pak choi and shitake mushrooms in a broth		
<b>TOM YUM</b>	Chicken	7.95
Rice noodles* with pak choi, red chillies, bean sprouts and green beans in a hot and sour lemongrass broth	Prawn	8.25
	Salmon**	9.85

## SPECIALITIES we recommend a side order of rice or stir-fried egg noodles

<b>STEAMED SEA BASS ♥d</b>		8.95
Sea bass fillets on a bed of green beans with ginger and spring onions and a light soy sauce on the side		
<b>CLAYPOT CHICKEN</b>		8.95
Chicken breast with ginger, garlic, shitake mushrooms, carrots, sugar snaps and red dates in an oyster and soy sauce served in a traditional clay pot		
<b>CRISPY SEA BASS IN A THREE FLAVOUR SAUCE</b>		9.85
Sea bass in a crispy batter on a bed of green beans with a Chinese three flavour sauce made with garlic, chilli, coriander and lime leaf		
<b>KATSU CURRY</b>	Chicken	8.95
Chicken or vegetables in honey breadcrumbs served with a mild curry sauce	Vegetable v	7.95
<b>HONG KONG SWEET AND SOUR CHICKEN</b>		7.95
With pineapple, red and green peppers		
<b>CRISPY DUCK</b>		11.95
Cucumber, spring onion and hoisin sauce with pancakes		
<b>FIRECRACKER</b>	Chicken	7.95
with chillies, ginger, garlic, green beans, peppers and cashew nuts in a sweet spicy sauce	Prawn	8.35
<b>SHANGHAI LEMON CHICKEN</b>		7.95
Chicken breast in honey breadcrumbs with a zesty lemon sauce		
<b>THAI GREEN CURRY</b>	Chicken	8.70
Spicy curry with aubergine and mixed peppers	Prawn	8.95
<b>CRISPY SHREDDED BEEF</b>		8.95
Crispy beef in a sweet spicy sauce		
<b>BEEF RENDANG d</b>		9.25
Tender beef slow cooked in Indonesian spices and coconut milk		
<b>PUMPKIN AND AUBERGINE CURRY vd</b>		7.25
Spicy vegetarian curry with aubergine and pumpkin		
<b>THAI RED CURRY</b>	Chicken	8.75
Medium curry with aubergine, green beans and tomato	Duck or Prawn	8.95

## SALADS

<b>BAN LEE VEGETABLE SALAD v♥</b>		7.95
Avocado, butternut squash, courgettes, peppers, sugar snaps, broccoli and cashew nuts in a tangy mustard dressing. Add grilled chicken or salmon** £2.00		
<b>ASIAN KALE SALAD v♥d</b>		7.95
Crunchy kale salad with edamame, avocado, cherry tomato, red onion, carrot, mouli, spring onion, coriander, sugar snaps and chia seeds with a dim t house dressing and crushed peanuts		
Add chicken breast £2.00		
<b>BANG BANG CHICKEN SALAD</b>		8.75
Grilled chicken pieces in a spicy peanut dressing on a bed of salad dressed with sesame and soy sauce		
<b>DUCK AND POMEGRANATE SALAD</b>		9.85
Marinated shredded duck in a hoisin dressing with pomegranate and vegetable salad		

## SIDES

<b>CUCUMBER &amp; GINGER SALAD v♥</b>	2.50	<b>BROWN RICE v♥</b>	2.75
<b>CRUNCHY VEGETABLE SALAD v♥</b>	2.95	<b>STEAMED RICE v♥</b>	2.35
<b>CHINESE COLESLAW v♥</b>	2.50	<b>COCONUT RICE v♥</b>	2.85
<b>PAK CHOI WITH OYSTER SAUCE</b>	4.50	<b>EGG FRIED RICE</b>	2.90
<b>BROCCOLI STIR-FRY v</b>	3.25	<b>STIR-FRIED EGG NOODLES</b>	2.80
<b>MIXED CHINESE VEGETABLES v</b>	3.65	<b>MALAYSIAN ROTI d</b>	2.50
<b>ASIAN SPICED SWEET POTATO FRIES v</b>	2.95		

All our food is available to take away. We cannot guarantee our dishes are allergen free, for detailed allergen information please speak to your server before ordering. Fish may contain bones. Service charge not included except for tables of 7 or more when a discretionary 10% will be added to your bill. We do not accept cheques. 12/14

well being ♥ new dish d  
\* we offer egg, udon, soba or Japanese rice noodles or no carb (extra vegetables) as an alternative \*\* with sesame seeds