

WEST BEACH

BAR & KITCHEN

BITES FROM THE BAR

Moreish mouthfuls ideal with drinks, served at the bar

HOT + SWEET candied mixed nuts (V,GF,DF)	£2.00
Aromatic Bombay popcorn with sweet + tangy mango chutney (V)	£2.00
Mediterranean marinated mixed olives (V,GF,DF)	£3.00

NIBBLES FROM THE KITCHEN

Stave off hunger with these tasty, flavourful bites from the kitchen

Bread Basket with a selection of breads served with butter (v)	£4.00
Super-duper green seaweed falafels + aubergine ketchup (V)	£3.50
Local Sussex sausages with mustard mayo	£3.50

SMALL PLATES

Ideal to start or for sharing...

Homemade soup of the day	£4.50
Piedmontese pepper, confit tomato, garlic, olive oil with homemade olive bread (V)	£5.00
Rainbow vegetable hummus, grissini breadsticks (V)	£4.00
Sussex smokie, malt bread toast	£6.00
"SMASHING" avocado guacamole + homemade tortilla strips (V)	£5.00
Venison carpaccio pickled blackberries	£6.50

SALADS

Our salads are tasty + always dressed to impress

All hail Caesar, with crisp baby gem, croutons, crunchy anchovies + rich local hen's egg	£9.00
A place in the sun salad with heritage tomatoes, pickled cucumber + crumbled feta (V)	£8.50
Carrot + stick salad with roasted carrot, griddled halloumi, almond dukkah + rocket (V, GF)	£8.50
Holy mackerel! Salad with ripe heritage tomatoes, pickled shallots + horseradish dressing	£9.50



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SANDWICHES + BURGERS

Heavenly fillings between artisanal breads, definitely not your standard sarnie

The South Coast

Locally caught white fish fingers, homemade tartare sauce + baby gem lettuce on a bloomer doorstep

£8.95

The South Downs

Chunks of Beef Brisket, tangy Sussex charmer, fig relish + fresh rocket on a doorstep bloomer

£9.95

The Brighton Beauty

Grilled chicken, Sussex scrumpy cheddar, local rocket on brown bloomer

£8.50

The West Beach Smokehouse

Tender Springs smoked salmon, lashings of cream cheese + pickled beetroot on focaccia

£9.50

The Mean Green

Piquant falafel in a wrap with a spiced hummus, mixed leaves + crisp vegetable slaw (V)

£8.50

The West Beach Veggie burger

Grilled halloumi + roasted Pepper, Portobello mushroom, dill & tomato relish, crispy gem, beef tomato, skinny fries + whole grain mustard rainbow slaw (V)
(Upgrade to sweet potato fries for £1.00)

£10.50

The West Beach "DIRTY" burger

A humongous burger with Angus beef, Monterey Jack cheese, chorizo jam, crisp gem lettuce, tomatoes + dill relish, served with skinny fries + whole grain mustard rainbow slaw
(Upgrade to sweet potato fries for £1.00)

£12.50

SIDES

Quintessential sidekicks to our hero dishes!

Mixed baby leaf salad with baby heirloom tomatoes

£3.00

Our signature skin-on "DIRTY" chips with spices (*warning: **extremely addictive***)

£3.00

Sweet potato fries

£3.00

Hispi Cabbage

£3.00

Sea slaw

£3.00



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LARGE PLATES

Generous portions, best served with friends + family over chatter and laughter

- Barbequed rack of pork ribs in a spiced maple glaze. Served with a crunchy sea slaw, corn cobs + skinny fries (GF)** £14.50
- Lemon + garlic chicken schnitzel, ratatouille, herb new potatoes and a tomato sauce (DF)** £12.50
- Seafood drift board – Springs cured salmon, breaded anchovies, flaked smoked trout, mackerel parfait + caper butter, capers, pickled samphire + fresh focaccia** £12.50
- Truffle gnocchi, burrata, girroles and peas (V)** £9.50
- Seared Hake fillet, chick pea and pearl barley, chorizo cassoulet** £13.50
- Panko crumbed cod with mushy peas, seasoned chips, homemade tartare sauce + lemon salt** £12.50
- Seasonal Mediterranean vegetable cake, moreish olive tapenade + red pepper coulis (Vn)** £11.50
- Beside the Seaside Creamy “Moules Mariniere”**
Ready your taste buds for mussels, cream sauce with white wine, garlic and parsley.
Served with Chips + Crusty bread. £11.50

PLEASE ASK FOR OUR DAILY SPECIAL'S

(v) = vegetarian (vn) = vegan (df) = dairy free (gf) = non gluten containing

Please speak to a team member for any allergy advice.

We do not add a service charge to your bill. 100% of any tip that you leave your service staff member(s) are fully retained by them or distributed by them amongst their colleagues according to their wishes. Please note that currently we can only accept cash tips, we aren't able to add them to a card payment, apologies for any inconvenience.



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