



THE TERRACE

AT THE HEADLAND

The full menu is served between 12.00pm - 3.00pm, 6.00pm – 9.30pm, Sandwiches are served between 12.00pm - 6.00pm.
Cream Teas are served between 10.00am - 6.00pm. Afternoon tea is served between 3.00pm-6.00pm.

Please see the black board for our daily specials.

Before ordering from this menu please speak to a member of our staff if you have an allergy or intolerance.

Please ensure you display your parking permit.

LIGHT BITES

ITALIAN OLIVES  £3

Sicilian Nocellara green and Ligurian black olives

SELECTION OF LOCAL BREADS  £4

Cornish butter or Cornish cold pressed rapeseed oil and pesto

MIXED SMOKED AND ROASTED ALMONDS  £3

GRILLED ARTICHOKE AND HERITAGE TOMATOES  £4

STARTERS

HOMEMADE SOUP AND TEARING BREAD  £6

HAND PICKED LOCAL CRAB AND AVOCADO £9

Grilled brown bread and lime

CHERMOULA MACKEREL £7

Tabbouleh and preserved lemon mayonnaise

LOCAL MUSSELS IN CORNISH ALE £7 starter

Shallots, garlic and tarragon £13 main

CORNISH GARLIC SALAMI £6

Celeriac remoulade and focaccia £11 sharing

CHICKEN AND APRICOT TERRINE £7

Pickles, rocket and crostini

BEETROOT HUMMOUS  £6

Crumbled feta, pumpkin seeds and pita

MAINS

THE HEADLAND CHEESEBURGER £14

8oz local beef, pancetta crisps and our very own peppercorn cheddar, fries

FALAFEL BURGER  £9

Tomato salsa, lime mayo and fries

CHAR-GRILLED CORNISH 8OZ SIRLOIN STEAK £19

Hand cut chips, cherry tomatoes and watercress.
Choice of: béarnaise or peppercorn sauce

SLOW ROAST MORROCCAN LAMB SHOULDER £13

Couscous, grilled courgettes and chickpeas

LOCAL FISH CURRY £15

Jasmine rice, mango salsa, poppadum and raita

PAN-FRIED BASS FILLET £14

Black olive new potato salad, spinach and salsa verde

CORNISH ALE BATTERED FISH 'N' CHIPS £14

Haddock fillet, mushy peas, hand cut chips and tartare sauce

CRAB MAC N' CHEESE, LOBSTER BISQ £16

Cornish Gouda and rigatoni, heritage tomato and parsley salad

GRILLED VEGETABLE AND BEAN ENCHILADAS  £10

Pico de gallo salsa and sour cream

SIDE ORDERS

£3.50

French fries or buttered new potatoes

Cornish mixed leaves and vinaigrette

Rocket

Parmesan and balsamic

Garlic ciabatta

Selection of vegetables

Seeded herb coleslaw

Gluten free options available, please speak to a member of staff.



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SANDWICHES

Available between 12-6.00pm. All include crisps.

CURRIED PRAWN AND SPRING ONION	£9
White or granary bread	
SMOKED SALMON AND DILL CREME FRAICHE	£9
White or granary bread	
CORNISH CRAB	£9
White or granary bread	
CORNISH HAM AND CHEDDAR	£8
White or granary bread	
HOME CURED SALT BEEF AND CORNISH GOUDA	£10
English mustard, rye bread and gherkins	
MOZZARELLA, PESTO AND PLUM TOMATO 	£8
White or granary bread	

DESSERTS

PIMMS JELLY	£7
Cucumber sorbet	
DARK CHOCOLATE BROWNIE SUNDAE	£7
Salted peanuts and Cornish fudge	
CLASSIC LEMON TART	£6
Cornish clotted cream	
CALLESTICK FARM ICE CREAMS AND SORBETS	
£3 two scoops / £4 three scoops	
CORNISH CHEESES	£8 per person / £15 to share
Biscuits and chutney	

PATISSERIE DE GEORGINA

A classic selection of daily made Patisserie delights from our very own in house patissier, Georgina.

Please ask your server about today's choices or do have a look at the display. £5 per item. Served between 10am-9:30pm.

SOFT DRINKS

Headland Hotel still and sparkling bottled water	
£3.30 litre bottle / £2.10 250ml bottle	
Belvoir organic pressé – cranberry or elderflower	£2.80
Fentimans Victorian lemonade	£2.80
Fentimans botanical brewed ginger beer	£2.80
Fentimans mandarin and seville orange jigger	£2.80
Orange Fanta	£2.50
Fusion fruit drinks - apple and raspberry, orange and passionfruit or apple and mango	£2.80
Pineapple / bitter lemon / tomato juices	£1.60
Lemonade	£1.80
Coca-Cola	£1.80

HOT DRINKS

Pot of tea	£2.95
We have a selection of Earl Grey, Peppermint, Chamomile, Red Berry, Green and Tregothnan loose leaf tea	
Americano	£3.15
Cappuccino	£3.75
Latte	£3.75
Flat White	£3.60
Espresso	£2.75
Hot chocolate	£2.85
'The works' hot chocolate	£3.95
Whipped cream, marshmallows, sprinkles	
Boozy chocolate or coffee	£7.50
Made with a shot of your favourite liquor	

MILKSHAKES

Made with two scoops of Callestick Cornish ice cream	
Chocolate, strawberry, vanilla or banana	£3.95



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	175ml	250ml	Bottle
WINES			
White Wine			
Headland Hotel Colombard, Cote du Gascone, France	£6.50	£8.50	£24.00
Chateau Carre Muscadet, Loire, France	£7.50	£10.00	£27.00
Banfi San Angelo Pinot Grigio, Tuscany, Italy	£8.00	£10.50	£29.00
Ara Single Estate Sauvignon Blanc, Marlborough, New Zealand	£8.50	£11.50	£32.00
A Coroa Godello, Galicia	£9.50	£12.50	£36.00
Rosé Wine			
Vinho Verde Rose, Portugal			£22.00
Ceppaiano Sangiovese Rosato, Tuscany, Italy	£6.50	£8.50	£24.00
Chateau Leoube Rose de Leoube, Provence, France	£9.50	£12.50	£37.00
Red Wine			
Headland Hotel Shiraz Cabernet, Australia	£6.50	£8.50	£24.00
Le Nuages Pinot Noir, France	£7.00	£9.00	£24.00
Tilia Malbec, Mendoza, Argentina	£7.50	£10.00	£26.00
Tim Adam's Bluey's Block, Clare Valley, Australia	£8.00	£11.00	£30.00
Prosecco and Champagne			
		125ml	Bottle
Marquis de la tour rosé		£7.00	£29.00
Bisol Vaporetto Prosecco, NV		£7.00	£37.00
Ayala Brut		£10.00	£55.00
Laurent Perrier Rosé, Brut, NV			£79.00

Wines on this list may contain sulphites, egg or milk products. All wines are also available in a 125ml serve. Please ask a member of staff should you require guidance.