

STARTERS

Crisp Fried Salt & Pepper Prawns	
Fried in batter & seasoned with a mix of four fragrant peppers & sea salt	8.50
Crisp Fried Calamari	
Squid, lightly coated in flour, fried crisp & served with Singapore style chilli sauce	8.50
Roasted Half Shell Scallops	
Caught within a few miles of this restaurant. Roasted in the shell with loads of garlic & breadcrumbs	9.95
Half Kilo of Elberry Cove Mussels	
Steamed to order with white wine, garlic & bay leaf, served with a soft roll	9.95
Italian Seafood Salad	
A selection of marinated seafood with lemon juice, olive oil & salad leaves.	7.95
Half Pint of Norwegian Prawns	
Caught in ice cold Arctic waters, these prawns are delicious & sweet. The best we've ever tasted, served shell-on with cocktail sauce	6.95
Crisp Fried Tempura Vegetables	
Broccoli spears , carrot & red onions, served with fresh lime, ginger & coriander dipping sauce	5.95
Six Jersey Rock Oysters with Fresh Lime, Ginger & Chilli Dressing	
Oysters from the salty clear waters of Jersey with a fresh, ginger, lime & chilli dressing, a great mix of salty, sweet & hot.	12.00
Leigh-On-Sea Cockles & Malt Vinegar	
The finest cockles in the UK, best eaten with malt vinegar.	5.95



Hook up with our free wi-fi

We add a discretionary £1 to your bill, which is donated to a local charity. Visit our website to see which charity each restaurant supports. We trust you will help us raise funds which has a direct benefit to our local communities



MAIN COURSES

Served with house salad or unlimited fresh cut chips and our classic tartare sauce

LOCAL FISH & SHELLFISH

We have a selection of local fish every day, your server will mark your tablecloth to let you know what's fresh in this morning.

Grilled

see tablecloth for today's price

with lemon, garlic & parsley

Crisp Fried

see tablecloth for today's price

THE ROCKFISH FRITTO MISTO

Our take on the Italian classic dish of fried seafood. Crisp fried prawns, sprats, monkfish 'scampi', cod in batter & calamari. Served with chilli & tartare sauce with unlimited chips or salad

15.95

Fried Soft Shell Crab Roll

A whole crisp fried soft shell crab basted with hot & sweet chilli sauce, served in a soft roll with jalapeño slaw

12.95

Crispy Prawn 'Taco' Style Roll

Our seafood taco in a soft bread roll, avocado, fresh lime, red onion, chilli, coriander & crispy fried prawns

10.95

Steak & Jalapeño Burger

A prime Devon chuck steak burger with red onion, salad & mild jalapeño slaw, served with dill pickles on the side

12.95

Halloumi Burger

Crisp fried slices of halloumi with red onion, cucumber, fresh mint & oregano yogurt with salad in a soft roll

9.95

TRADITIONAL FISH & CHIPS

Fried crisp in Rockfish batter. This is the best, most sustainable cod & haddock we can find, caught in the ice cold water off Norway where the stocks are really healthy, growing in numbers & certified sustainable by the MSC

Prime Cod Fillet

11.95

We use a special thick cut of prime cod loin prepared daily from only the largest fish

Line Caught Haddock

12.95

A whole fillet fried with the skin on for maximum juiciness & flavour

Local Monkfish 'Scampi'

Fresh monkfish fillet, breaded each day in our kitchen & crisp fried. An absolutely delicious alternative to the traditional langoustine, served with our seaweed tartare sauce

14.95

Fish Pie & Fried Pickles

A shortcrust pie full of prime cod & Alfred Enderby's brilliant smoked haddock, served with parsley sauce & fried pickles.

13.95

UNLIMITED CHIPS

We want you to enjoy our chips at their best. Freshly cooked, crisp & hot

That's why we offer unlimited chips with every order from the main menu

This menu is available totally gluten free -please ask your server

SALADS

A few classics made fresh to order

House Salad	2.95
A mix of cos, cucumber, cherry tomatoes, & red onion, dressed with classic vinaigrette	
Greek Salad	5.95
Made the classic way with barrel-aged feta & oregano & red wine vinegar dressing	
Caesar Salad	4.50
Romaine lettuce, anchovies, croutons & Parmesan with our Caesar dressing	

SIDES & SAUCES

ROCKFISH TARTARE SAUCE

The Classic

complimentary

Capers, gherkins, dill pickles & red onion

Seaweed

1.50

The classic tartare with four Cornish seaweeds

Jalapeño

1.50

The classic sauce with hot jalapeño peppers

Hot Garlic Bread	2.50
Soft Roll with Sea Salted Butter	2.25
Fried Pickled Onion Rings	2.50
Crisp Fried Tempura Broccoli	2.50
Mushy Peas	.95
Buttered Garden Peas	1.50
Unlimited Fresh Cut Chips	2.50
Curry Sauce	.95
Singapore Style Chilli Sauce	.95

PICKLES & SLAWS

Delicious with grilled & fried fish

Caesar Slaw	2.50
A mix of white cabbage , carrot & onion tossed with vinegar & Caesar dressing , topped with grated Parmesan	
Jalapeño Slaw	2.50
Carrot, cabbage, red onion, pickled jalapeño & coriander, mixed with creamy mayonnaise	
Sweet & Sour Dill Pickles	2.50
The traditional pickle to eat with fried fish	
Pickled Onions in Sweet Balsamic Vinegar	2.50
You have to try these	