

# GIGGLING SQUID ALLERGEN INFORMATION

January 2017

The purpose of this chart is to show what allergenic ingredients are contained in each dish. Those marked with 'X' contain the specific allergenic ingredient. Whilst we try our best to ensure your food is suitable to you, our dishes are prepared and cooked in areas in which allergenic ingredients are present.

	Dish	Celery	Gluten	Crusta- ceans	Eggs	Fish	Lupin	Milk	Molluscs	MSG	Mustard	Nuts	Peanuts	Sesame Seed	Soya	Sulphur Dioxide
Starter & Salad	Seared Scallops	x		x		x										
Starter & Salad	Roast Duck Canapés	x				x										
Starter & Salad	Vegetarian Spring Rolls	x	x												x	
Starter & Salad	Lunch Spring Roll		x											x		
Starter & Salad	Prawn Crackers		x	x						x						
Starter & Salad	Sharing Platter	x	x		x	x			x	x					x	
Starter & Salad	Vegetarian Sharing Platter	x	x		x										x	
Starter & Salad	Papaya Salad					x										
Starter & Salad	Sesame King Prawn		x	x										x		
Starter & Salad	Moo Ping														x	
Starter & Salad	Chicken Satay							x					x		x	
Starter & Salad	Thai Fish Cakes			x	x	x										
Starter & Salad	Thai Steamed Mussels			x					x							





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Curry	Thai Red Curry Prawn			x												
Curry	Thai Red Curry Vegetable														x	
Curry	Lamb Shank Massaman Curry			x				x				x				
Curry	Massaman Chicken Curry			x								x				
Curry	Massaman Veg Curry											x				
Curry	Paneang Chicken Curry			x												
Curry	Paneang Veg Curry															
Curry	Tropical Jungle Chicken Curry			x												
Curry	Tropical Jungle Beef Curry			x												
Curry	Tropical Jungle Veg Curry															
Stir fry	Chicken Pad Khing		x						x							x
Stir fry	Prawn Pad Khing		x	x					x							x
Stir fry	Veg Pad Khing		x													x
Stir fry	Chicken Chilli & Basil Gra Pao		x						x							x
Stir fry	Beef Chilli & Basil Gra Pao		x						x							x







