



NOURISH BELIEVE IN ENCOURAGING GOOD HEALTH AND WELLBEING WITH VIBRANT AND LOCALLY SOURCED FOOD.

MAINS

Table with 2 columns: Dish Name and Price. Items include Harissa Spiced Lamb (£12.00), Cauliflower Cheese Macaroni (£12.00), Charcuterie Board (£12.00), Beetroot Cured Gravd lax (£12.00), and Risotto Nero with Chorizo (£12.00).

SIDES

Table with 2 columns: Dish Name and Price. Items include Sweet Potato Wedges (£4.00), Heritage Potatoes (£3.00), Leaf Salad (£3.00), and Seasonal Greens, Butter & Garlic (£3.00).

NIBBLES & LIGHT BITES

Table with 2 columns: Dish Name and Price. Items include Soup of the Day (£6.25), Marinated Kalamata Olives & Feta (£3.50), Root Vegetable Crisps (£3.50), Rosemary and Sea Salt Nuts (£3.50), Whipped Hummus and Tortilla Chips (£3.50), and Cheese Fondue and Sourdough Soldiers (£4.00).

OPEN SANDWICH

Table with 2 columns: Dish Name and Price. Items include Seasonal Forest Mushrooms (£6.50), Smoked Salmon (£7.50), and Toasted Bagel with Pastrami and Emmental Cheese (£7.25).

NOURISH SALAD

Table with 2 columns: Dish Name and Price. Items include Heritage Tomato (£7.50), Classic Caesar (£8.50), Buddha Bowl (£9.50), and Glass Noodle & Smoked Chicken (£9.50).

SWEET TOOTH

Table with 2 columns: Dish Name and Price. Items include Dark Chocolate Torte (£6.00), Peach Melba Sundae (£5.00), and Fresh Cut Fruit Plate (£5.00).

Key: GF - Gluten Free, DF - Dairy Free, V - Vegetarian

*PLEASE LET THE NOURISH TEAM KNOW OF ANY ALLERGIES OR DIETARY REQUIREMENTS PRIOR TO ORDERING

Coniston Cold, Skipton, North Yorkshire BD23 4EA. T: 01756 748 080 E: spa@theconistonhotel.com

The-Coniston-Hotel @conistonhotel @theconistonhotel

