



THE BELL INN

NEW FOREST

LUNCH MENU

NIBBLES

- Sour dough board, *with farmhouse butter* £3.50 V
Sour dough olives and dips, £6.50 V
Belazu olives £4.00 V
Crunchy pork scratchings, *apple and ginger puree* £3.00

STARTERS

- Tempura prawns, *Asian salad, sweet chilli jam* £7.50 GF
Lymington crab brûlée, *Parmesan and brioche crust, pea shoots, brioche toast* £7.50 AGF
Madeira scented chicken liver parfait, *truffle butter, toasted brioche, red onion jam* £7.50 AGF
Chicken and chorizo croquettes, *Parmesan foam, tomato ragu, basil* £7.00
Crispy whitebait *garlic aioli, brown bread and butter* £7.00 AGF
Truffled wild mushroom fricassee, *toasted brioche, pea shoots*, £7.50 V

MAINS

- Bell Inn Burger, *melted Cheddar, bacon jam, gem lettuce, tomato, skinny fries, coleslaw* £13.50
Blackwater farm Glous old spot sausages *Confit garlic mash, greens and gravy*. £13.50 GF
Pan fried Gnocchi, *asparagus, wild garlic pesto cream, peas, parmesan crisps* £15.00 V
Honey and fennel glazed ham, *crushed peas, chunky chips; fried Fluffets eggs* £12.50 GF
Beer battered cod, *crushed peas, tartare sauce, hand cut chips* £13.50 GF
Fillet of sea bream, *Sauté Jersey royals, samphire, brown shrimp butter* £16.50 GF
Chilli and black pepper tofu, *rice noodles, Asian stir-fried vegetables* £14.50 VEGAN-GF

SALADS

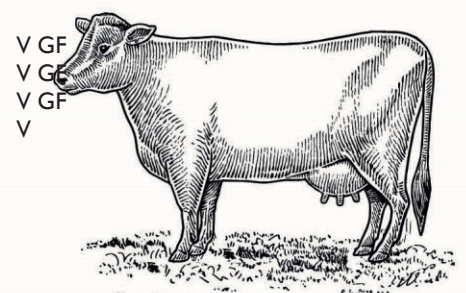
- Tempura prawns, *Asian salad, sweet chilli jam* £14.50 GF
Potted Lymington crab, *lemon mayonnaise, croutons* £15.50 AGF
Noah's Ark chicken and smoked bacon Caesars, *croutons, parmesan* £14.50 AG

THE BELL INN SOUR DOUGH ROLLS *served with fries, baby leaf & tomato salad*

- Tom Hordle's New Forest beef pastrami, *cream cheese, pickled cucumbers* £7.50 AGF
Lyburn cheese, *spiced tomato chutney* £7.50 V-AGF
Beer battered fish fingers *gem lettuce, tartare sauce*. £8.50 AGF
Lymington crab, *lemon mayonnaise, gem lettuce* £8.50 AGF

SIDES

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| Confit garlic mash | V GF | Beer battered onion rings | V GF |
| Crunchy mixed salad | V GF | Fine beans in shallot butter | V GF |
| Seasonal greens | V GF | Buttered new potatoes | V GF |
| Triple cooked chips | V GF | Skinny fries | V GF |
| Mac and cheese | V | Sweet potato fries | V |



V VEGETARIAN

GF GLUTEN FREE

FOOD ALLERGIES: Some of our menu items contain nuts, seeds and other allergens. There is a small risk that tiny traces of these may be in any other dish or food served here. We understand the dangers to those with severe allergies. Please speak to a member of our team who may be able to help you make an alternative choice.